## There's a lot to do in Windsor!

X IN



FALL 2024

We are happy to bring you this fall 2024 edition of There's a lot to do in Windsor that highlights Windsor activities planned for September through December.

Special thanks to Windsor's own Dr. Leonard Hellerman for the photo of Windsor's beautiful Northwest Park featured on our cover. Dr. Hellerman has graciously donated his time and photographic art for the cover of this and every issue of our publication.

If you are a non-profit, civic or religious organization and you would like to have your event listed, here's our production schedule:

- The winter 2025 edition will include January through April information. Deadline: October 15
- The summer 2025 edition will include May through August information. Deadline: February 11

We are always looking for ways to improve your reading experience. If you have suggestions for future editions, feel free to contact us, we value your input.

Town of Windsor Public Relations Team, Enita Jubrey – jubrey@townofwindsorct.com Andrew Goldberg - agoldberg@townofwindsorct.com Molly Shannon – shannon@townofwindsorct.com

### X f @ D @townofwindsorct



COMMUNITY EVENTS	2
	5-12
Adults/Everyone	5-8
• Kids	
· Teens	11-12
WILSON BRANCH LIBRARY	13-14
CIVIC/NON-PROFIT ORGANIZATIONS	15-16
RECREATION	20-25
YOUTH SERVICE BUREAU	27
SENIOR SERVICES	

### **NOVEMBER 5TH IS ELECTION DAY**

From 6:00 AM to 8:00 PM, turn out to elect the President and Vice-President of the United States of America, US Senator, U.S. Representative for District 1, State Senator for the 2nd and the 7th Districts, State Representative for the 5th and 60th Districts, and the Registrar of Voters. Absentee ballots will be available 31 days before the election on October 4, 2024. For questions please contact 860-285-1902.

#### **VOTING DISTRICTS & LOCATIONS**

You can check your polling location on the Town of Windsor website by entering your address at townofwindsorct.com/registrar-of-voters



#### Let your voice be heard – through your Vote

Polling Place	Location	Senate & Assembly District
1	L.P. Wilson Community Center 599 Matianuck Avenue	2nd Senate and 5th Assembly Districts
2	J.F. Kennedy School 530 Park Avenue	2nd Senate and 5th Assembly Districts
3	330 Windsor Ave. Community Center 330 Windsor Avenue	2nd Senate and 5th Assembly Districts
4	Town Hall 275 Broad Street	2nd Senate and 60th Assembly Districts
5	Oliver Ellsworth School 730 Kennedy Road	2nd Senate and 60th Assembly Districts
6	Poquonock School 1760 Poquonock Avenue	2nd Senate and 60th Assembly Districts
7	Rainbow Firehouse 750 Rainbow Road	7th Senate and 60th Assembly Districts

#### Compliance with the Americans with Disabilities Act

The Town of Windsor strives to accommodate all participants in all of our programs. If you require special services in order for you to participate, please include this on your registration form and try to give us at least two weeks notice prior to the program.

#### Volume 27 – Number 3 There's a lot to do in Windsor

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## **Name Your Park Contest**



The construction of a new park in Wilson continues and we are inviting the public to participate in our "Name Your Park" contest. Scan the QR code for more details!



## CITIZENS ACADEMY

Learn more about the services the Town of Windsor provides, how they are funded, and how you can get involved. This interactive program explores how government operations improve our community.

## SCHEDULE



WINDSOR HIGH SCHOOL 50 Sage Park Road



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LIBRARY 323 Broad Street



10/22 SAFETY COMPLEX 110 Addison Road



**TOWN TOUR** 275 Broad Street (Tour is optional)

10/29

3P

11/19

L.P. WILSON 599 Matianuck Avenue

CARING CONNECTION 330 Windsor Ave

### GET A BEHIND-THE-SCENES LOOK AT THE TOWN OF WINDSOR'S DAY-TO-DAY OPERATIONS!

# You will get the chance to:

- Discover Windsor's historical documents dating back to 1640.
- Experience the operations of our 911 dispatch center.
- Explore the inside of an ambulance and fire trucks at the new EMS facility
- Learn about pothole repairs, snow storm operations, and road construction.
- Embark on a town tour to learn things about Windsor you never knew.
- Meet town staff.

## **REGISTER NOW!**

THIS IS A FREE PROGRAM FOR THE FIRST **30 PEOPLE WHO REGISTER BY CALLING** 860-285-1835, ONLINE AT TOWNOFWINDSORCT.COM/CITIZENS-ACADEMY (SCAN THE OR CODE), OR BY EMAIL AT JUBREY@TOWNOFWINDSORCT.COM.



## **COMMUNITY EVENTS**



#### **FARMERS MARKET**

September 5 – October 17: First Town Downtown's Farmers Market at 240 Broad Street. Enjoy a variety of fresh, locally grown produce and specialty items. Open from 3:00 PM to 6:00 PM. 860-247-8982. Free.

#### WINDSOR PALETTE & BRUSH CLUB MEETING AND **ART DEMONSTRATION**

September 10: A short business meeting followed by a local artist live art demonstration at L.P. Wilson Community Center, 6:00 PM to 7:45 PM, room AP1. Free. Guests are always welcome. 860-778-4888 or Kathleentracy5@gmail.com.

#### **ANNUAL GOLF TOURNAMENT**

September 20: The Windsor Chamber of Commerce and the Bradley Regional Chamber's Joint Annual Fundraising Golf Tournament will be held at the Simsbury Farms Golf Course from 9:00 AM to 4:00 PM. Individual: \$165, Twosome: \$330, Foursome: \$660. More info: bradleyregionalchamber.org/events/calendar/golftournament/

#### WEF'S DESIGNER PURSE BINGO

September 20: This Windsor Education Foundation fundraiser will be held at L.P. Wilson Community Center from 6:30 PM to 8:30 PM. Tickets are \$40 and include 10 games of bingo. There will also be a tea cup auction. Feel free to bring your own refreshments. Purchase tickets online at WindsorEducationFoundation.org or by venmo @WEFCT07.



#### WINDSOR ECO MONARCH **FESTIVAL**

September 21: First Town Downtown and Windsor Climate Action, invite you to the Windsor Town Green from 11:00 AM to 3:00 PM. This is an environmentally-friendly fair with

artisan vendors, educational booths and fun activities for the whole family to learn more about our environment and the amazing, protected Monarch butterfly. 860-247-8982. Free. Rain date 9/22.

#### ANNUAL WINDSOR FREEDOM TRAIL RUN

September 21: Learn about and celebrate the rich history of the Windsor Freedom Trail by visiting sites along this 3.9 mile run that are associated with the Underground Railroad and African American heritage. (A bus will follow the runners). From 5:30 AM to 8:30 AM starting at Archer Memorial A.M.E. Zion Church. A country style breakfast

will be provided. Free. Please bring a non-perishable food item to be donated to the Windsor Food Bank. Register by 9/14 at www.shorturl.at/CWAzB. Email windsorfreedomtrailct@gmail.com.

#### ANNUAL WINDSOR FREEDOM TRAIL TOUR

September 28: From 7:00 AM to 10:30 AM starting at Archer Memorial A.M.E. Zion Church, 320 Hayden Station Road. Walk along this 3.9 mile route with your friends and family as you learn about the rich history of the Windsor Freedom Trail by visiting sites that are associated with the Underground Railroad and African American heritage and movement towards freedom (A bus will follow the walkers). A continental breakfast will be provided. Register by 9/14 at www.shorturl.at/CWAzB. Email windsorfreedomtrailct@gmail.com.

#### **COMMUNITY TAG SALE**

September 28: The Windsor Lions Club is holding their annual Community Tag Sale on the town green. Vendors pay a small fee for their site and keep the proceeds from all their sales. This event is held rain or shine from 8:00 AM until 2:00 PM. For more info, email cldressage959@gmail.com.

#### NORTHWEST PARK COUNTRY FAIR



October 5: The Northwest Park Country Fair is an inclusive event which reflects the beautiful community of Windsor at Northwest Park (145 Lang Road) from 10:00 AM to 5:00 PM (Rain Date is October 6, from 10-5.) Enjoy a diverse array of live music, hay rides, a tractor parade, painting in the park, yoga, bluebird box building, fun and games, axe throwing, beer tasting for guests 21+, a poetry performance, touch-a-truck, a drum circle, face painting, pony rides, environmental education opportunities for all ages, delicious fair food, and a 25+ vendor and craft fair. General Admission is \$10, Family Admission is \$25 for up to 5 family members, Children ages 4-12 and Seniors are \$5, Children under 3 are free. 860-285-1886.

#### WINDSOR PALETTE & BRUSH CLUB MEETING AND ART DEMONSTRATION

October 8: A short business meeting followed by a local artist live art demonstration at L.P. Wilson Community Center, 6:00 PM to 7:45 PM, room AP1. Free. Guests are always welcome. 860-778-4888 or Kathleentracy5@gmail.com.

#### WINDSOR LIONS 51ST FALL ARTS AND CRAFT FAIR

October 12: Shop at this annual Fall Arts and Craft Fair on the Windsor Town Green, rain or shine on from 10:00 AM to 4:00 PM. Vendors can rent their sites by contacting Windsor Lions Club at e-clubhouse.org. Free.

#### **ANNUAL CHILI CHALLENGE**

October 12: The Windsor Jaycees will host the Annual Chili Challenge from 11:00 AM to 4:00 PM on the Windsor Town Green. All are welcome to taste which chili reigns supreme! Please contact info@windsorjaycees.com if you're interested in participating making your own chili and/or becoming a sponsor or visit our website windsorjaycees.com. Follow us @windsorjaycees on all social media platforms.

#### FTDT HERITAGE BRICK INSTALLATION

860-247-8982. Free.

October 12: The First Town Downtown Heritage Brick Installation will be at 10:00 AM at the brick patio on Central Street in Windsor Center. Bricks ordered between May 1, 2024 and September 9, 2024 be installed. Sponsored by Marty McMahon of Edward Jones.



#### NIGHTMARE ON BROAD STREET

October 31: First Town Downtown and Windsor Federal invite you to Windsor Center from 5:30 PM to 7:30 PM for some ghoulish treats and family fun at Nightmare on Broad Street! Windsor businesses will be giving out treats to the youngsters, hayrides and more. Broad Street will be closed to traffic. 860-247-8982. Free.

#### **FALL ART EXHIBITION & OPENING RECEPTION**

**November 3:** The Windsor Palette & Brush Club welcomes you to the Members Show Opening Reception from 2:00 PM to 4:00 PM, at Windsor Town Hall. Parking and entrance in rear of building. Free. 860-778-4888 or kathleentracy5@gmail.com.

#### **VETERAN'S DAY OBSERVANCE**

November 11: The Windsor Veteran's Day Observance will be held in the Council Chambers at town hall from 7:00 PM to 8:00 PM Everyone is welcome to join us in honoring those who are and have served our country. Free. 860-285-1992.

#### **7TH ANNUAL HOLIDAY SAMPLER FAIR**

November 23: Grab all your holiday gifts today from 9:00 AM to 2:00 PM at the L.P. Wilson Community Center. Free. The Windsor Lion's Club will be providing an option to purchase soup and sandwiches for your lunch! Contact Bonnie at 860-930-2446.

#### SMALL BUSINESS SATURDAY

November 25 & 30: Shop and dine in Windsor Center on Small Business Saturday from 10:00 AM to 4:00 PM. Enjoy specials and support our small businesses. 860-247-8982.

#### WINDSOR/WINDSOR LOCKS ROTARY CLUB **WREATH & POINSETTIA DRIVE**

**December 3 & 5:** Place your poinsettia order to pick up at the Windsor Senior Center at: secure.anedot.com/wwlrotary/2023poin. Orders placed by 11/31 may be picked up on 12/3 and orders placed by 12/2 may be picked up on 12/5. If pick-up at the Senior Center is not an option, you may arrange for delivery.

#### TORCHLIGHT PARADE AND CAROL SING

December 7: Join First Town Downtown in Windsor Center for an evening of holiday festivities beginning at the town hall portico at 6:00 PM for singing, then at 6:30 PM when fire trucks and other vehicles will parade from Capen Street and travel through downtown Windsor. 860-247-8982. Free. Rain date is 12/8.

#### WINTER WONDERLAND

December 18: Come visit Santa and his helpers at Winter Wonderland Event at the L.P. Wilson Community Center from 6:00 PM to 7:30 PM. There will be photos with Santa (don't forget to bring your own camera or smart phone). Bring your dog from 5:30 PM to 6:00 PM for a picture with Santa. Enjoy yard games, outdoor lights, arts & crafts and holiday inflatables while enjoying some festive refreshments. Free. 860-285-1990.

#### DECK THE HOUSE HOLIDAY LIGHT CONTEST

December 2: Do you think you have one of the bestdecorated houses in Windsor this holiday season? Windsor Recreation will be conducting the Third Annual Deck the House: Holiday Light Contest this year. Winners of each category will win Visa Gift Cards and bragging rights. Register online at townofwindsorct.com/recreation by 5:00 PM on Monday, December 2. A map of the houses will be online to visit the houses that are registered for the contest. Vote for your favorite starting December 9.

#### WINDSOR HEALTH DEPARTMENT FLU VACCINE CLINICS

These are walk-in clinics. Standard dose and high dose flu vaccines will be available. Please bring all of your insurance cards which may include Medicare Advantage, Medicare or Private Insurance. Windsor Health Department is a provider for Aetna, Anthem, Cigna, Connecticare, Medicare and United Healthcare. Cash prices are \$30 for the standard dose flu vaccine and \$45 for the high dose flu vaccine at the Windsor Health Department Flu Vaccine Clinics.

Date	Time	Location
Thu, October 10	8:30 AM – Noon	L.P. Wilson Community Center
Mon, October 14**	2:00 PM - 4:00 PM	Windsor Town Hall
Tue, October 29	1:00 PM – 3:00 PM	Wilson Branch Library
Wed, October 30	4:00 PM – 7:00 PM	Windsor Public Library
Tue, November 5	1:00 PM – 3:00 PM	Windsor Public Library
Tue, November 12	1:00 PM – 3:00 PM	Wilson Branch Library
Wed, November 13**	4:00 PM – 7:00 PM	Windsor Public Library
Tue, November 19	1:00 PM – 3:00 PM	Windsor Public Library

\*\* In partnership with Beacon Pharmacy, the Health Department will be hosting a Flu Vaccine Clinic for individuals who are neuro-divergent and a COVID-19 Vaccine Clinic for those in need of a COVID-19 vaccine. Persons 3yo+ are eligible to be vaccinated at these clinics. Please schedule your appointment with Beacon Pharmacy at townofwindsorct. com/health/2024-clinics.

#### TOWNOFWINDSORCT.COM | COMMUNITY EVENTS | 3 **RETURN TO TOP**

## **BEYOND INSPECTIONS:** THE VITAL ROLE OF OUR FIRE MARSHAL'S OFFICE







Windsor Fire Marshal's Office







When most people think of the Fire Marshal's Office (FMO,) the first thing that comes to mind is inspections. While ensuring buildings meet fire safety standards is a critical part of their job, our FMO goes far beyond this single responsibility. From educating our youth to engaging with the community and investigating the aftermath of fires, their role is multifaceted and deeply impactful.

The FMO offers "Windsor Youth Fire Setter Intervention Program" for children aged 3 to 18 who exhibit curiosity about fire or use it to express emotions. The program provides tailored education and intervention to prevent fire-setting behaviors, promoting safety and healthy development within our community.

Our FMO staff is deeply committed to community involvement, public education and community engagement. You can meet them at events such as National Night Out and summer block parties, creating opportunities for residents to learn about fire safety in a relaxed, engaging environment. These events are more than just informational - they are a chance for the FMO to build relationships with the community, fostering trust and open communication, recognizing that an informed community is a safer community.

When a fire occurs, the FMO steps in to investigate the cause. Their work doesn't end once the flames are extinguished; in many ways, it begins anew. Through meticulous examination and analysis, the FMO pieces together the story of each fire. Investigations are crucial for understanding the origins of a fire, determining whether it was accidental or intentional, and preventing future incidents. By identifying common causes and trends, the office can refine educational programs and safety regulations, further protecting the community.

Our FMO exemplifies a comprehensive approach to fire safety. They inspect buildings to ensure compliance with safety codes, educate our youth and community, and investigate fires to uncover their causes.

By going beyond inspections, the FMO demonstrates their commitment to protecting and serving the community in diverse and meaningful ways. Whether through education, community engagement, or investigative efforts, they are dedicated to making our town a safer place for all.

## WINDSOR PUBLIC LIBRARY

Due to limited space, registration is needed for programs unless otherwise specified. All library events are free. Please visit windsorlibrary.com or call at 860-285-1910 for more information.

## **CULTURAL EVENTS**

#### **SIGNING ROCKS!**

All ages | Windsor Public Library

Signing Basics' popular "Anything Goes" American Sign Language event will get you excited about learning ASL. Beginners, intermediate learners and individuals that have more advanced skills are welcome. Events are taught in ASL, with no sound used. Sponsored by Windsor Library Association.

Sep 7 | 1:00pm-2:00pm | Sat

#### **EARTH 2024**

All ages | Windsor Public Library

Ken Wolslegel's Earth 2024 70-minute presentation examines the issues of humans, biodiversity, oceans, climate change and ends with the future and how people can help. Ken studied Environmental Science worked as an investigator for contaminated site cleanup and environmental insurance claims evaluator. Sponsored by Windsor Library Association.

Sep 14 | 10:30am-Noon | Sat



#### **AFTERNOON BOOK CLUB**

Join a lively discussion on a new book each month! This will be a hybrid program. Participants 18 and older can either join us in person at the library or login from home using Zoom. Discussions are held on the second Thursday of every month from 2:00 PM to 3:00 PM at the Windsor Public Library. Books are available at the Lending Desk, one month prior to each meeting.

September 12: *Ninth House* by Leigh Bardugo October 10: Blankets by Craig Thompson November 14: The Heaven & Earth Grocery Store by James McBride

December 12: Three Holidays and a Wedding by Uzma Jalaluddin



### THE BERKSHIRES BAND

All ages | Windsor Public Library

Make 2024 the year of music enjoying a band that plays a mix of danceable rock, blues, funk and reggae that's great for all ages. Doors open at 6:45 PM. Sponsored by the Windsor Library Association.

#### Sep 19 | 7:00pm-8:00pm | Thu

### **COMMUNITY COSTUME SWAP**

All ages | Windsor Public Library

Bring in costumes you have used or no longer want and trade in for new ones from others. Full details including how and when to bring your items can be found on our website.

Sep 23 | 6:00pm-7:00pm | Mon

#### SHORELINE RINGERS PROGRAM

Ages 13+ | Windsor Public Library

Ring ring! The Shoreline Ringers, a handbell group from the Connecticut coastline, will be giving a small concert and presentation on handbell ringing. This group will show you how a simple handbell can make beautiful music. No registration needed. Sponsored by Windsor Library Association.

#### Oct 10 | 7:00pm-8:00pm | Thu

#### **AFTERGLOW BAND**

#### All ages | Windsor Public Library

Make 2024 the year of music enjoying Afterglow, CT's premier alternative rock party band. With a female lead singer, they cover top danceable hits from a variety of artists including Bruno Mars, Taylor Swift, Shania Twain, Spin Doctors, etc. Doors open at 6:45 PM. Sponsored by Windsor Library Association.

#### Oct 16 | 7:00pm-8:00pm | Wed

#### THE BOBCAT - CONNECTICUT'S SECRETIVE WILD CAT

All ages | Windsor Public Library

Connecticut's Master Wildlife Conservationist Paul Colburn's presentation focuses on the history of bobcats in Connecticut, an overview of bobcat habitat, diet, behavior, reproduction and current research efforts. Bobcat artifacts are shared with the audience. Mountain lions are discussed. No registration needed. Sponsored by Windsor Library Association.

#### Oct 21 | 6:30pm-7:30pm | Mon

#### **QUICKIE APPETIZERS**

Ages 18+ | Windsor Public Library

Appetizers are an easy option to bring to any party, and we will show you how to make a quick appetizer board that is simple yet appealing. Sponsored by Windsor Library Association.

Nov 7 | 6:00pm-7:00pm | Thu

#### WINDSOR PUBLIC LIBRARY | REGISTER ONLINE: WINDSORLIBRARY.COM/REGISTER-FOR-A-PROGRAM | 5 RETURN TO TOP



#### MUSICAL GOLD: THE ORIGINAL RECORDINGS Ages 18+ | Windsor Public Library

Russ Salk brings you back to the "golden age of music" by presenting the hit songs of yesteryear. Get ready to ride the wave of nostalgia through music from the 40s and 60s. No registration needed. Sponsored by Windsor Library Association.

Nov 15 | 2:00pm-3:00pm | Fri

#### **COMMUNITY CRAFT SWAP**

All ages | Windsor Public Library

Bring in craft supplies and equipment you have used or no longer want and trade in for new ones from others. Full details including how and when to bring your items can be found on our website.

Nov 16 | 11:00am-noon | Sat

### **ADULT WRITING & LITERATURE**

#### **BOOK BUZZ EVENT**

Ages 16+ | Windsor Public Library

Are you a book enthusiast? Do you want to know what the next best book to read is? Are you part of a book club and are looking for the next title to discuss? Join us to discuss everything and anything about books.

Sep 16 | 7:00pm-8:30pm | Mon

#### SUSTAINABILITY BOOK CLUB

Ages 18+ | Windsor Public Library

We'll be meeting to read and discuss an assortment of fiction and non-fiction books that are focused on sustainability and the environment. We will be discussing How to Avoid a Climate Disaster by Bill Gates. Books will be available at the Lending Desk one month before the book club.

Sep 25 | 6:00pm-7:00pm | Wed

#### **EMOTIONS IN WRITING**

Ages 13+ | Windsor Public Library

Emotions are hard to feel, and sometimes even harder to convey in words. This workshop will guide you through how to show emotions in your writing. You will be given tips, and then asked to write a small piece. Sponsored by Windsor Library Association.

Nov 21 | 7:30pm-8:30pm | Thu

#### **METAPHOR IN SONGWRITING**

Ages 18+ | Windsor Public Library

Music relies heavily on metaphors in its titles and its lyrics. In this writing class, we will go over some famous examples of what is being said by not being said in some popular songs. Participants will then try to write their own song. All experience levels of writing are welcome. Sponsored by Windsor Library Association.

Nov 22 | 2:00pm-3:00pm | Fri

#### **SELF CARE JOURNALS**

Ages 18+ | Windsor Public Library

We all need to take care of ourselves first. This workshop will teach you how to make a journal of gratitude, ways to help better yourself, and habit tracking to do better daily. Dec 11 | 2:00pm-3:00pm | Wed

## **ADULT FITNESS & MIND STRENGTHENING**

#### **PRENATAL YOGA**

Expectant mothers | Windsor Public Library

Pia from WabiSabi yoga will guide expectant mothers through relaxing yoga every Saturday in October. All trimesters welcome. Registration will open September 3. Participants are required to sign a waiver. Sponsored by Be Well Windsor.

Oct 5, 12, 19, 26 | 1:00pm-2:00pm | Sat

#### **TIPS FOR SLEEP**

Ages 13+ | Windsor Public Library

Did you know that during restorative sleep the body not only rests and recharges, it also cleans the brain of toxins and debris, consolidates memories, repairs tissues and organs, and grows new cells, including brain cells? Dr. Wendy Hurwitz will share tips to improve sleep and restorative rest. No registration needed. Sponsored by Windsor Library Association.

Oct 17 | 6:00pm-7:00pm | Thu

### **ADULT ENRICHMENT**

#### **BRING YOUR GADGETS TO THE GEEK**

Ages 18+ | Windsor Public Library

The Library Geek continues to answer any and all gadget related queries. Drop in with your device and your questions.

Sep 3-Dec 17 | 2:30pm-4:30pm | Tue

#### FRIDAY CRAFTERNOONS

Ages 18+ | Windsor Public Library

Join us for select Fridays in September for Friday crafternoons! Bring your creativity and get ready to make a fun new craft to start your weekend. Sponsored by Windsor Library Association.

Sep 6-Sep 20 | 2:00pm-3:00pm | Fri

#### **BOARD GAMES AFTERNOON**

Ages 12+ | Windsor Public Library

Discover the world of board games beyond the traditional choices and see what all the fun is about on the first Saturday of each month. Come try new and exciting games. Games and instruction are provided by Anthony Ferello.

#### Sep 7, Oct 5, Nov 2 | 3:00pm-4:30pm | Sat

#### NEEDLEWORK CIRCLE

Ages 16+ | Windsor Public Library

Join our Needlework Circle for beginning, intermediate, and advanced quilters, cross-stitchers, needlepointers, embroiderers, weavers and all other fiber artists. Bring your current project and talk, discuss and learn from your fellow fiber artists.

Sept 9, Oct 14, Dec 9 | 7:00pm-8:00pm | 2nd Mon

#### **FALL APPLE CANDLES**

Ages 18+ | Windsor Public Library

Apples are an excellent source of nutrients that the body needs. However, they also can serve as a candle holder! We will create a candle within an apple to make your home ready to smell fall ready. Sponsored by Windsor Library Association.

Sep 11 | 2:15pm-3:15pm | Wed

#### MATERNAL HEALTH GROUP

Ages 14+ | Windsor Public Library

Whether you're expecting, trying to conceive, or just wanting to support the pregnant people in your life these informative and relaxed sessions this monthly group on maternal health will help you feel equipped during this precious season of life. Lucinda Canty, nurse-midwife and Director of Lucinda's House will lead this group on the third Wednesday of each month. Registration appreciated, walk ins welcome.

#### Sep 18, Oct 16, Nov 20, Dec 18 | 4:30pm-5:30pm | Wed

#### MAKE A BUMPER STICKER

Ages 16+ | Windsor Public Library

We will create personalized bumper stickers using machines in our Makerspace area. Get ready for your car bumper to be the envy of the neighborhood. No registration needed. Sponsored by Windsor Library Association.

Sep 19 | 7:00pm-8:00pm | Thu

#### **NO-BAKE DONUT HOLES**

Ages 18+ | Windsor Public Library

Satisfy that sweet tooth with a quick recipe on how to create no-bake donut holes. Perfect for a snack, or to bring to a social event. Sponsored by Windsor Library Association.

Oct 2 | 2:15pm-3:15pm | Wed

## HOW TO PREPARE FOR CLIMATE CHANGE

Ages 14+ | Windsor Public Library

David Pogue, a New York Times bestselling self-help author and beloved CBS Sunday Morning science and technology correspondent will lead our conversation. David wrote How To Prepare Climate Change: A Practical Guide to Surviving the Chaos and will discuss this book within this conversation. This program will be hybrid with David being on Zoom. Join us in Meeting Room 1 or on Zoom. Registration is needed.

Oct 7 | 6:30pm-7:30pm | Mon

#### WOOD POST PUMPKINS

Ages 18+ | Windsor Public Library

Transform a small wooden post into a decorative pumpkin for Halloween. These autumn crafts can be displayed on your porch or inside during pumpkin season. Sponsored by Windsor Library Association.

Oct 17 | 2:00pm-3:00pm | Thu

#### **POSTURE POINTS**

Ages 16+ | Windsor Public Library

Sports Medicine Acupuncture Specialist Carrie Sawtell, L.Ac. will guide you through easy exercises to help bring your body into alignment. Exercises will focus on the head and shoulder, upper back, low back, and hips to help reduce headaches, neck and shoulder pain, back pain and sciatica. She will explain the acupuncture channels which support the muscles in these areas, and demonstrate points that you can press yourself to enhance the exercises. Helpful for those of all ages, at any fitness level. Oct 28 | 6:30pm-7:30pm | Mon

### **PUMPKIN CANDY JARS**

#### Ages 18+ | Windsor Public Library

Drop in and decorate a pumpkin candy jar for your home. Keep a stash of candy in it, and the upside is you do not need to share with any trick-or-treaters! No registration needed. Sponsored by Windsor Library Association.

Nov 4 | 2:00pm-3:00pm | Mon



## **BOOK-A-LIBRARIAN**

Looking for help with your technology? Book-A-Librarian! Our one-on-one service is now available in person or virtually. Make an appointment to meet with a staff member for one hour to get answers to your questions. Free. Request your appointment at windsorlibrary.com or call 860-285-1922 for Main Library or 860-285-1931 for Wilson Branch.

**RETURN TO TOP** 

#### THE WINTER GARDEN

Ages 16+ | Windsor Public Library

Stripped of summer foliage and flowers, the success of a winter garden lies in its structure, basic design and choice of plant material. Jana Milbocker will present this richly illustrated lecture that will provide inspiration and tips on designing your garden for winter interest, choosing the best trees, shrubs and perennials, and grouping them to create arresting vignettes. Sponsored by Windsor Library Association.

Nov 4 | 6:30pm-7:30pm | Mon

#### **SNOW GLOBES**

Ages 18+ | Windsor Public Library

Winter is coming, and we can celebrate its arrival by creating a small decorative snow globe. Supplies provided. No registration needed. Sponsored by Windsor Library Association.

Dec 20 | 11:15am-12:15pm | Fri

### **ART FOR ALL AGES**

#### PAPER LEAF WREATH

Ages 13+ | Windsor Public Library

Have the most stylish door in the neighborhood this fall with a paper leaf wreath that will make a pop and scream autumn. Sponsored by Windsor Library Association.

#### Sep 12 | 6:00pm-7:00pm | Thu

#### **CROCHET PUMPKINS**

Ages 12+ | Windsor Public Library

Join IT Librarian, Denise Ricotta to make crochet pumpkins. We'll crochet and make cute holiday decorations. This project is perfect for newbies, or those with a little more experience. Supplies provided, but feel free to bring your own hooks. We'll meet for two weeks.

Oct 2-Oct 9 | 6:30pm-8:00pm | Wed Oct 23-Oct 30 | 6:30pm-8:00pm | Wed

### **UGLY SWEATER SOIREE**

All ages | Windsor Public Library

Bring your own sweater and drop by to decorate it. Supplies will be provided; however, patrons are welcome to bring their own crafting items. Festive attire is encouraged.

Dec 17 | 5:00pm-8:00pm | Tue

## **KIDS WRITING & LITERATURE**

#### A VERY HOGWARTS HALLOWEEN Ages 6+ | Windsor Public Library

Welcome to the Great Hall, first years! And get ready to be sorted. During this Hogwarts celebration, you'll be sorted into your House, receive your wand, discover your patronus, and attend your first class of Wizarding School. Come ready for some Harry Potter Halloween fun! Oct 29 | 6:00pm-7:30pm | Tue

## **KIDS ARTS & CRAFTS**

#### **TWEEN TUESDAY**

Ages 9-13 | Windsor Public Library

Join our tween hangout where we'll have a different activity out, to participate in. And of course, there will be snacks and movies! Please register so that we can make sure we have enough supplies.

#### Sep 17, Oct 15, Nov 19, Dec 17 | 6:00pm-7:00pm | Tue

#### SPECIAL PIRATE STORYTIME AND TALK LIKE A PIRATE DAY Ages 2-5 | Windsor Public Library

Join us in Kidspace for "Talk Like a Pirate Day" with a special Pirate storytime. Become a pirate, choose your new name, walk the plank, talk like a pirate and of course hear some pirate jokes, stories and create a pirate craft. Sep 19 | 10:30am-11:15am | Mon

#### SUGAR SKULL WOODEN SPOONS

Ages 6-13 | Windsor Public Library

To celebrate Día de los Muertos, we'll be painting wooden kitchen spoons to look like sugar skulls.

Oct 12 | 11:00am-12:15pm | Sat

#### FOIL HALLOWEEN HEADSTONES Ages 6-13 | Windsor Public Library

Using foil, charcoal, and glue, we're going to make decorative headstones for your Halloween flare! Oct 22 | 6:00pm-7:15pm | Tue

#### MONSTER CRAFT NIGHT

Ages 3-12 with caregiver | Windsor Public Library It's a night of monstrous fun! Create your own spooky creature or silly monster to take home.

Oct 24 | 5:00pm-6:00pm | Thu

#### MONSTER ART

Ages 8-14 | Windsor Public Library Create your own monster pet to take home! Maybe it's a terrifying slimy monster, or a cute little ghost. Oct 24 | 6:30pm-7:30pm | Thu

#### **COLOR THE WORLD ORANGE STORYTIME**

Ages 2-5 | Windsor Public Library

Join Kidspace for a special storytime "Color My World Orange". Fun stories, jokes, riddles, activities and crafts. Everything to do about ORANGE!

Nov 4 | 10:30am-11:15am | Thu

#### **DIY SOCK TURKEY**

Ages 6-12 | Windsor Public Library

Using socks and rice, we're going to make adorable decorative turkeys as part of the Thanksgiving season. Nov 26 | 6:00pm-7:15pm | Sat



**BATHTUB PARTY STORYTIME** Ages 2-5 | Windsor Public Library

Today is Bathtub Party Storytime in Kidspace. Let's have some fun reading bathtub stories like "To Bathe a Boa" and many other jokes, riddles, activities and crafts.

Dec 5 | 10:30am-11:15am | Thu

#### ANNUAL FAMILY CREATE A GINGERBREAD HOUSE Ages 3+ | Windsor Public Library

Join us in Kidspace for our annual children and adult Gingerbread building event. Create your own house or tower or whatever you like and take it home to use as a decoration. This event fills up quickly.

Dec 5 | 6:00pm-7:30pm | Thu

#### SPECIAL HOLIDAY STORYTIME

Ages 2-5 | Windsor Public Library

Jingle Bells and many other holiday songs we'll enjoy in Kidspace. Special stories such as "Charlie and the Christmas Kitten", jokes, riddles, activities and crafts are always part of our storytime.

Dec 19 | 10:30am-11:15am | Tue

## **KIDS ENRICHMENT**

#### **TODDLER TIME**

Ages 2-4 | Windsor Public Library

Toddler Time is an early literacy storytime where we share stories, songs, rhymes, and early literacy tips for caregivers. Each storytime is followed by a craft.

Sep 1-Dec 17 | 10:30am-11:15am | 1st & 3rd Tue

#### **BOOK BABIES**

Ages 6-24 months | Windsor Public Library

Babies love books! This program uses fingerplays, songs, action rhymes, and books to promote the development of early literacy skills.

Sep 4-Dec 18 | 11:00am-11:45am | Wed

### **PRESCHOOL STORYTIME**

Ages 3-5 | Windsor Public Library

This themed storytime will explore engaging topics for preschool children through stories, songs, and rhymes. A craft or STEM activity will follow.

Sep 4-Dec 18 | 1:00pm-1:45pm | 1st & 3rd Wed

#### **STEM CLUB**

Ages 6-11 | Windsor Public Library

Join us at Kidspace for the return of our monthly STEM Club. Calling all school scientists, engineers, mathematicians, inventors and innovators to this fun hands-on program.

#### Sep 5, Oct 3, Nov 7 | 6:00pm-7:00pm | Thu

#### SING & STOMP

Ages 0-5 | Windsor Public Library

Come dance and sing with Miss Victoria on select Fridays from 11:00 AM to 11:45 AM for Sing & Stomp. This music and movement-based program is for children and caregivers. Sep 6-Dec 6 | 11:00am-11:45am | 1st & 3rd Fri

#### NATIONAL DAY "WHEN PIGS FLY" STORYTIME Ages 2-5 | Windsor Public Library

Join us in Kidspace for the National When Pigs Fly Day storytime. Our storytime is all about pigs and farms. Do pigs fly? We'll have to see! Storytime includes, theme stories, riddles, jokes, activities and a fun craft.

Sep 9 | 10:30am-11:15am | Mon

#### MATH GAMES

Ages 7-11 | Windsor Public Library

The return of Kidspace's popular Math Games program is here. Join us for some fun math riddles, problem solving, interactive games, cards, dice and possible coding along with our special sports math games.

#### Sep 9, Oct 14, Nov 11, Dec 9 | 6:00pm-7:00pm | Mon

#### MAD SCIENCE

Ages 6-12 | Windsor Public Library

Let's get whacky with Mad Science the second Tuesday a month. We'll be doing fun and kid friendly science experiments.

#### Sep 10, Oct 8, Nov 12, Dec 10 | 6:00pm-7:00pm | Tue

#### LITTLE SPROUTS

Ages 18 months -3 | Windsor Public Library

Help your child grow at Little Sprouts! This STEM inspired program explores early learning concepts through sensory play.

Sep 11-Dec 11 | 1:00pm-1:45pm | 2nd Wed

#### YOUNG EXPLORERS

Ages 3-5 | Windsor Public Library

We are back with our Young Explorers, in Kidspace. This is our fun STEAM and adventure program. We travel to different countries and many U.S. states to learn about people, animals, fun places to visit and much more. Stories, jokes, crafts and activities are all part of this program. Sep 12-Dec 12 | 10:30am-11:30am | 2nd Thu

#### WHAT IS ART?

Ages 6-11 | Windsor Public Library

Join us in Kidspace for our monthly "What is Art?" Each session we learn about different artists, art styles and mediums used. Then it is time to create our own masterpieces.

Sep 19, Oct 17, Dec 19 | 6:00pm-7:00pm | 3rd Thu

#### WINDSOR PUBLIC LIBRARY | REGISTER ONLINE: WINDSORLIBRARY.COM/REGISTER-FOR-A-PROGRAM | 9 **RETURN TO TOP**

#### **STORYTIME ACTING THEATRE**

Ages 3-5 | Windsor Public Library

Back by popular demand, this program in Kidspace is all about the Storytime Acting Theatre! Stories, nursery rhymes and other fun ways to dress up and play the parts of animals, fairies and other characters.

Sep 23-Nov 25 | 10:30am-11:30AM | 4th Mon

#### NATIONAL EYE HEALTH WEEK PROGRAM

Ages 3-12 | Windsor Public Library

Kidspace is having a very special time today with the Lion's Club along with another special visitor to learn about National Eye Health Week. This includes learning about the importance of having your eyes checked often.

Sep 23 | 1:00pm-2:30pm | Mon

### LATINX CULTURES EXPLORATION STATIONS

Ages 0-18 | Windsor Public Library

It's Hispanic Heritage Month and we're celebrating with a night of educational exploration stations. Come to see instruments, costumes, and art from various cultures of the LatinX diaspora. Try snacks and foods from different cultures. Complete our scavenger hunt and get a special prize!

Sep 24 | 6:00pm-7:15pm | Tue

#### MATH STORYTIME

Ages 2-5 | Windsor Public Library

Kidspace is having a fun STEM storytime about math for preschoolers. Lots of activities using everyday items to count, match, measure, answer questions like "What is larger?" "Which is taller?"

#### Sep 25 | 11:15am-noon | Wed



#### WHAT ABOUT GHOST HUNTING? Ages 7-12 | Windsor Public Library

Today is considered National Ghost Hunting Day. Join us in Kidspace for this program for older children interested in ghosts. Did you ever think you heard or saw a ghost? What really is considered a ghost? Learn about the history of ghost hunting and paranormal activity.

Sep 26 | 6:00pm-7:00pm | Thu

#### **PARACHUTE PLAY**

Ages 2-4 | Windsor Public Library

This is a music and movement program that incorporates nursery rhymes and stories into learning games and activities with a parachute. For children and caregivers. Oct 8-Dec 10 | 1:00pm-1:45pm | 2nd Tue

#### **PARACHUTE PARTY**

Ages 5-8 | Windsor Public Library

This music and movement program will explore stories and songs through parachute play.

Oct 10-Dec 12 | 5:30pm-6:15pm | 2nd Thu

#### SPECIAL WOLF AWARENESS STORYTIME

#### Ages 2-5 | Windsor Public Library

Join us in Kidspace for Wolf Awareness week with a special storytime. We will be learning about wolves, their families, and how important they are to our world. As with all these storytimes we will read special stories, tell jokes, and do crafts.

Oct 21 | 10:30am-11:15am | Mon

#### SPECIAL BATS AND MONSTER STORYTIME Ages 2-5 | Windsor Public Library

Bats and Monsters! I love silly monsters! And bats are so cool! Join us here in Kidspace for special stories, jokes, crafts, activities. Let's celebrate those silly looking monsters that make us smile!

Oct 24 | 10:30am-11:15am | Thu

#### **PUMPKIN PLAY**

Ages 18 months-2 years with caregiver | Windsor Public Library

Bring your little one and explore the wonders of pumpkins through sensory play. Siblings are welcome.

Oct 26 | 10:30am-11:30am | Sat

#### THE WITCHES ARE IN: MEET THE SANDERSON SISTERS

All ages | Windsor Public Library

Stop in during Nightmare on Broad Street to meet the infamous Sanderson Sisters! They'll be here to give you a frightful scare (or a photo op, whichever you choose). Oct 31 | 6:00pm-7:00pm | Thu

#### **DINOSAUR BINGO NIGHT**

Ages 3-12 | Windsor Public Library

Bring your dinosaur-loving children to this fun bingo night and test their dino knowledge. There will be dino-mite prizes for some lucky winners. Jurassic attire encouraged. Nov 6 | 6:00pm-7:00pm | Wed

#### **HUG A BEAR STORYTIME** Ages 2-5 | Windsor Public Library

Hug a Bear storytime is here in Kidspace. Bring your own bear to hug during our stories. Jokes, riddles, special activities and crafts are always part of our storytime. Nov 7 | 10:30am-11:15am | Thu

#### **FAMILY STYLE PASTA**

Families with children under 18 | Windsor Public Library

Come join us with Matthew Yanarella of MY Productions CT for a delicious afternoon of fresh pasta making and learn to make pasta from scratch! We will take you from mixing the eggs and flour to rolling the dough and boiling, and finally trying our creations. Bring an apron and an appetite. This program is limited capacity. Registration is per family/group. If you register one person, that means you have four spots reserved. Register once for your whole family/group.

Nov 9 | 1:00pm-3:00pm | Sat

#### **ANNUAL FAMILY GAME NIGHT**

Ages 2+ | Windsor Public Library

Join us for our annual family game night. We will have all types of games available for you and your family to enjoy! Nov 20 | 6:00pm-7:30pm | Wed

#### MAROONED WITHOUT A COMPASS

Ages 7-11 | Windsor Public Library

Join us in Kidspace for "Marooned Without a Compass." Can we survive all the trials we face as we are marooned on an island in the middle of the ocean? What equipment or tools do we have to work with in order to survive?

Nov 21 | 6:00pm-7:00pm | Thu

#### **"GET READY FOR WINTER" SPECIAL STORYTIME** Ages 2-5 | Windsor Public Library

"Get Ready for Winter" Storytime at Kidspace. Special winter stories, jokes, riddles, activities and crafts are a part of this program.

Dec 9 | 10:30am-11:15am | Mon

#### A KITTEN STORYTIME AND SPECIAL VISITOR Ages 2-5 | Windsor Public Library

A Kitten Storytime will be a special program here in Kidspace, with a possible special visitor joining us! There

will be kitten stories, activities and crafts.

Dec 16 | 10:30am-11:15am | Tue

#### WINTER SOLSTICE PARTY

Ages 5-12 | Windsor Public Library Celebrate the winter solstice with a craft and other festivities.

Dec 21 | 11:00am-noon | Sat

#### EMAIL NEWSLETTERS

Get all the latest updates from the Windsor Public Library and the Wilson Branch delivered directly to your email. Sign up for our email newsletters! Find your next favorite book. Get all the latest on upcoming Kidspace and Teen Programs. Or get weekly details on all of the upcoming events at the Main Library and the Wilson Branch. Sign up today at windsorlibrary.com/newsletters.

#### **GEOGRAPHY BEE**

Ages 7-12 | Windsor Public Library

Face off against other kids for a battle of the wits. Answer guestions about flags, capitals, and all things geography related. First, second, and third place will get a prize and bragging rights.

#### Dec 27 | 1:15pm-2:15pm | Fri

## **PUMPERNICKEL PUPPET SHOW: THE THREE BILLY GOATS GRUFF & THE LION AND THE MOUSE**

Ages 3+ | Windsor Public Library

Pumpernickel Puppet shows are presented with a cast of colorful puppet characters, audience participation, live voices and sound effects and fast paced scripts that not only entertain, but stimulate children's imagination and creativity. A demonstration period follows every performance giving the audience some insight into what happens behind the scenes.

#### Dec 30 | 11:00am-noon | Mon

### **TEENS**

### **DND FIGURINE SNOW GLOBES**

Ages 10-18 | Windsor Public Library

Join in on this 2-part series where you will create a one of a kind fantastical snow globe. Choose your character, paint them up and embark on a journey through the far off lands of the Craft-dom!

#### Sep 17, Oct 15 | 4:30pm-6:30pm | Tue

### **TEEN CRAFT: VINYL RECORD COVER ALBUMS**

Ages 9-18 | Windsor Public Library

Design and create your ownn vinyl record album cover using a variety of crafting materials in our Makerspace Mezzanine. These covers can be used to decorate your own space or we can display them in our Teen Area.

#### Sep 21 | 2:00pm-3:00pm | Sat

#### **CANDY SUSHI**

#### Ages 9-18 | Windsor Public Library

Candy or sushi? Why not both! Come join us in creating sweet sushi staples like a candy California roll using some classic candy pieces. Create a culinary creation to eat now or save for later.

Nov 8 | 3:30pm-4:30pm | Fri

#### FOURTH ANNUAL ADULT WINTER **READING PROGRAM**

When the weather outside is frightful, there's nothing better than curling up with a hot drink and a good book. Read books. Write reviews. Earn prizes. Stop by either the Main Library or Wilson Branch to sign up and receive one free drink at The Bean @226 on us (while supplies last)! Program runs from December 21 through March 21 at the Windsor Public Library, for ages 14+.

#### WINDSOR PUBLIC LIBRARY | REGISTER ONLINE: WINDSORLIBRARY.COM/REGISTER-FOR-A-PROGRAM | 11 **RETURN TO TOP**

#### **MINI ART PAINTING PARTY**

Ages 9-18 | Windsor Public Library

Ever wanted to create an artful masterpiece, but don't have the time or space to paint a huge canvas? No worries! Now you can paint your own mini canvas at the library! Join us in creating your one of a kind mini masterpiece for the first ever Teen Tiny Art Show! Use examples provided for inspiration or paint your own creation, all materials will be provided. Once done, enter them into the art show for display in the teen space.

Nov 26 | 3:30pm-5:00pm | Tue

#### **GNOMES FOR THE HOLIDAYS**

Ages 9-18 | Windsor Public Library

There's no place like Gnomes for the Holidays! Need a last minute holiday gift for a friend or family member? Join us in creating a gnome out of a pinecone. These gnomes can be made into a gift or hung on a tree; there's gnome limit to the possibilities!

Dec 10 | 4:00pm-5:00pm | Tue

### HOT CHOCOLATE JARCUTURIE

Ages 9-18 | Windsor Public Library

Jarcuterie: A charcuterie board in a jar! When Friday the 13th coincides with the holiday season, we celebrate both! Come join us in assembling a hot chocolate jar filled with sweets and treats!

#### Dec 13 | 3:30pm-4:30pm | Fri



#### JOIN THE WINDSOR VOLUNTEER **FIRE DEPARTMENT!**

We're looking for passionate individuals to serve our community as firefighters. It's not about your degree or background; it's about having the heart to make a difference. If you're ready to serve in a unique and impactful way, we want you!

No training? No problem! We'll provide all the professional training you need at no cost. Our volunteers are fully equipped to handle any situation. Are you ready to step up?

Learn more and get involved at windsorfire.org. Help us, help you!

## THE CARING CONNECTION

WINDSOR'S ADULT DAY HEALTH CARE



The Caring Connection is a place for adults to spend their day with peers and caring staff in a supportive environment being active and engaging in fun and meaningful activity in a home like setting.

We welcome you to come visit and see for yourself! Call to schedule a tour and meet our dedicated staff.

Contact us and learn how our adult day center can "change how your loved one lives not where."

## **The Caring Connection**

330 Windsor Avenue, Windsor 860-547-0251 windsorcaringconnection.com **f** @WindsorCaringConnection

## WILSON LIBRARY

Due to limited space, registration is needed for programs unless otherwise specified. All library events are free. Please visit windsorlibrary.com or call at 860-247-8960 for more information.

## **KIDS ACTIVITIES & ENRICHMENT**



**LEGO CREATIONS** Ages 3-12 | Wilson Branch Library Calling all LEGO enthusiasts! Drop-in weekly on Thursday afternoons to build LEGOS free style or take us up on a LEGO challenge!

Sep 5-Dec 26 | 4:00pm-5:00pm | Thu

#### **TUTORING PROGRAM KICK-OFF**

All ages | Wilson Branch Library

The 2024-2025 Wilson Branch Tutoring program is kicking off with an open house! Interested parents, caregivers, and volunteer tutors are welcome to stop by during this time to learn more about the program; meet the tutoring coordinator, Tricia Jeffery; tour the Wilson Branch; sign up for a library card; and enjoy modest refreshments.

Sep 23 | 4:00pm-7:00pm | Mon

#### **CHEESECLOTH GHOSTS**

Ages 3-12 | Wilson Branch Library We'll use cheesecloth and glue to make spooky ghosts in time for Halloween!

Oct 18 | 4:00pm-5:00pm | Fri

#### **STORYTIME SPOOKTACULAR**

Ages 0-5 | Wilson Branch Library

We'll read (not-so) spooky stories, sing songs, march in our costumes and "trick or treat" inside the library! Costumes encouraged. Register to get an email reminder the day before or just drop-in!

Oct 30 | 10:30am-11:15am | Wed

#### **HORIZON WINGS**

All ages | Wilson Branch Library

Ever wish you could experience the thrill of being up close to a magnificent hawk, falcon, or owl? Horizon Wings Raptor Rehabilitation and Rescue will be here to uncover the majestic lives of our winged friends. Special thanks to Windsor Lions Club for sponsoring this program. Nov 9 | 10:30am-11:30am | Sat



#### **GINGERBREAD PARTY**

Ages 5-12 | Wilson Branch Library

Let's get in the holiday spirit by decorating gingerbread houses and lil' gingerbread people! Supplies are limited. Sponsored by Windsor Library Association.

#### Dec 13 | 4:00pm-5:00pm | Fri

#### HOLIDAY CONCERT WITH JOY BLOOMS Ages 0-10 | Wilson Branch Library

Joy Blooms is back to spread holiday cheer! Join us for a fun and interactive holiday concert.

#### Dec 14 | 10:30am-11:30am | Sat

## TEEN & ADULT ENRICHMENT

#### **DUNGEONS & DRAGONS**

Ages 12-18 | Wilson Branch Library

Teens and Tweens are invited to play Dungeons and Dragons on the first Saturday of each month. Make friends and join an epic adventure as you set off to slay monsters, earn gold, and find powerful artifacts and treasure. The game is a long running campaign, but if you are new don't worry! Join the party whenever they are in their adventure or drop in and guest star for a session. All experience levels are welcome.

#### Sep 7-Dec 7 | 11:30am-2:30pm | Sat

#### **FLOWER ARRANGING WORKSHOP**

#### Ages 13+ | Wilson Branch Library

Join us for a fun flower arrangement workshop with the Windsor Garden Club. Participants will create a beautiful bouquet of both store bought and homegrown (from the library's garden) flowers. Registration needed as seating is limited. Sponsored by the Windsor Library Association. Special thanks to the Windsor Garden Club.

#### Sep 14 | 10:00am-noon | Sat

#### **PRESERVING YOUR HARVEST**

Ages 18+ | Wilson Branch Library

Mark Gostkiewicz of Tri Gable Lea Farm will teach us the art and science of preserving our harvest by using pickling, canning, freezing and drying techniques. Sponsored by Windsor Library Association.

Sep 16 | 6:00pm-7:30pm | Mon

#### **NOVICE NIGHT: NEEDLE FELTED LANDSCAPE** Ages 18+ | Wilson Branch Library

Back by popular demand! We're taking another stab at needle felting. We'll use colorful wool and needles to create a unique landscape scene. Please only sign up for this class if you did not take the class offered in April. Must be 18+, waivers must be signed. Seating is limited. Sponsored by Windsor Library Association.

Sep 30 | 6:00pm-7:30pm | Mon

#### WILSON LIBRARY | REGISTER ONLINE: WINDSORLIBRARY.COM/WILSON-BRANCH | 13 **RETURN TO TOP**



**NOVICE AFTERNOON: JACK-O-LANTERN CARVING** Ages 18+ | Wilson Branch Library

At this month's Novice program we'll be carving pumpkins to make spooky (or not-so-spooky) jack-o-lanterns. We'll use a template to trace on our pumpkins and carve out something to get your door step ready for Halloween. We will be using sharp carving tools so a waver must be signed.

Oct 25 | 4:00pm-5:30pm | Fri

#### **NOVICE AFTERNOON: HARVEST WREATH** Ages 13+ | Wilson Branch Library

Let's celebrate the harvest season by crafting a wreath using corn husks, dried fruits, strawflowers and other natural treasures. No one's an expert at Novice Afternoon, the joy is in trying something new and crafting in community! Seating is limited so registration is needed. Nov 8 | 4:00pm-5:30pm | Fri

#### **NOVICE AFTERNOON: LINOCUT HOLIDAY CARDS** Ages 13+ | Wilson Branch Library

This month we'll be making unique linocut holiday cards to send to loved ones this holiday season. Linocut is a printmaking technique where you carve on a block of linoleum. No one's an expert at Novice Afternoon, the joy is in trying something new and creating art in community. Waivers must be signed.

Dec 6 | 4:00pm-5:30pm | Fri

## WILSON BRANCH TUTORING PROGRAM

Founded in 1989, the Wilson Branch Tutoring Program is a free program designed to give students extra help and practice with their homework. The program is open Windsor residents in grades 1 through 8.

We are accepting applications for students and volunteer tutors now. Program begins Monday, October 2. Apply online. For information call 860-247-8960 or email librarytutor@townofwindsorct.com

## WINDSOR **DISCOVERY CENTER AND MONTESSORI SCHOOL**



Windsor's NAEYC-accredited Montessori School provides a Montessori education for children ages 6 weeks through 6 years of age.

Our Montessori programs offer full and half-day schedules that foster a child's sense of independence and personal development. The curriculum includes hands-on learning experiences, music & movement; Spanish; and mindfulness yoga classes. The curriculum is enhanced with monthly field trips and visitors.

Afterschool Program: The Discovery Center at Windsor Montessori offers afterschool programming for students enrolled in Windsor Public Schools. We offer flexible schedules for students in kindergarten through fourth grade. Transportation is provided by Windsor Public Schools. Full-day care is available during school vacations, professional development days, and snow days.

Our faculty hold Montessori certifications and/or degrees in Early Childhood Education. Located at 114 Palisado Avenue, our hours are 7:30 AM to 5:30 PM. Call us at 860-285-1400 to schedule a tour or visit windsormontessorict.com.







**AMERICAN LEGION POST #59** Meets at the L.P. Wilson Community Center at 599 Matianuck Avenue in Room AP 1 at 7:00 PM on the third Wednesday of the month.

#### **FIRST TOWN DOWNTOWN**

Become a Member: Joining First Town Downtown is a fantastic way to contribute to the vitality of Windsor Center and its historic town green. With a variety of membership options for individuals, families, and businesses, everyone has the opportunity to support and promote the heart of Windsor. Explore membership options today at FTDT.org.

#### **KIWANIS CLUB OF WINDSOR**

The Kiwanis Club of Windsor meets the first and third Thursday of each month starting September 5 from 6:30 PM to 8:00 PM at La Notte Waterside Grill 1936 Blue Hills Road Ext., Windsor. Our objective is to bring aid to children in need with the majority of our efforts benefitting children in the community. windsorkiwanis.org.

#### **OLIVER ELLSWORTH PLAYGROUP**

Join us on Thursdays from 9:30 AM to 10:30 AM for free playgroups at the Oliver Ellsworth Elementary School for children under 5. The playgroup follows the school calendar. 860-687-2070 ext 6229 for more information!

#### TICKBORNE ILLNESS SUPPORT GROUP

Our support group has firsthand knowledge, experience and understanding of these debilitating illnesses. We meet the 3rd Saturday of each month via Zoom from 10:00 AM to 11:15 AM. Contact Bonnie at 860-930-2446.

#### WINDSOR FIFE & DRUM CORPS

The Windsor Fife & Drum Corps is a fun musical group in town for young people ages 8+. Weekly lessons are given on the fife, snare drum, bass drum and marching. The









group performs throughout the year in local and regional parades. We are always looking for new members, and no experience is needed. Rehearsals are at the L.P. Community Center, 599 Matianuck Ave. on Thursdays from 6:00 PM to 8:30 PM. windsorfifeanddrumcorps.com or call 860-989-0292.

#### WINDSOR GARDEN CLUB

Monthly meetings of the Windsor Garden Club will be held at the Windsor Senior Center on Sep. 9, Oct. 14, and Nov. 11 from 6:30 PM to 9:00 PM. We will have a speaker from 7:00 PM to 8:00 PM. Open to non-members. Free to attend. For updates, visit windsorgardenclubct.org or call 860-997-5363.

#### WINDSOR JUNIOR WOMAN'S CLUB

The club meets on the 3rd Tuesday of the month from September to May. Meetings are held at Jim's Pizza, located at 124 Poquonock Ave. Social Hour begins at 6:30 PM and the meeting begins at 7:00 PM. Email us at wjwcmembership@gmail.com to join our group this fall!

#### WINDSOR WOMAN'S CLUB AND GFWC

Meetings are generally held on the 2nd Tuesday of the month at 6:30 PM at the L.P. Wilson Community Center and include interesting programs. For more information and to register, call 1-203-470-1574.

#### WINDSOR POLICE CADETS

Are you between 11 and 20 years old? Are you interested in community service, law enforcement, or making new friends? If so, the Windsor Police Cadets might be right for you. Check us out at windsorpolicecadets.org or contact Sergeant Bernard Petkis at petkis@townofwindsorct.com or 860-298-4322.

#### WINDSOR WATER RATS EXPRESS (WWRX)

The Windsor Water Rats Express (WWRX) is a private, non-profit swim team fostering competitive swimming for children aged 5-18 for over 50 years. Competing in the Central Connecticut Winter Swim League, Summer League, and USA Swimming, WWRX boasts a supportive and energetic environment where swimmers learn proper stroke techniques and gain confidence. Tryouts for the fall season are in October. Follow us on Facebook and Instagram (@wwrxswim) for updates and join us on the pool deck for fast and fun swimming.

#### WIN-TV

Win-TV is a non-profit organization whose mission is to protect and increase the freedom of expression, diversity of ideas, and community-wide communication by providing training in and access to the medium of video. Visit win-tv.org or reach out to us at win-tv@win-tv.org, or 860-688-2626. Follow us! Facebook (@windsortv), Twitter (@wintv1), Instagram (@win-tv1), TikTok (@wintv) and YouTube (@win-tv)

#### WIN-TV BOARD OF DIRECTORS MEETING

Zoom meeting held each 4th Tuesday of the month at 7:00 PM. Email win-tv.org or call 860-688-2626 for Zoom information.

#### WIN-TV'S FILMING CHARGERS CLUB

Win-TV's Filming Chargers Production Club is open to all middle school age students in grades 6 to 8. The club meets on Tuesdays beginning September 24 from 3:00 PM to 5:00 PM. Busing is provided to the Win-TV studio at L.P. Wilson from Sage Park Middle School. Free. Sign up on-line at win-tv.org.

#### WIN-TV PSA FILMING DAY

Every 3rd Friday of the month between 10:00 AM to 2:00 PM Win-TV assists non-profits and civic groups to film a 30 second psa about their organization or upcoming event, free of charge. Appointment is needed at win-tv.org.



To recognize Juneteenth, the Windsor Human Relations Commission sponsored a week full of events for everyone to learn, celebrate, and enjoy!

### MAKE A MEANINGFUL IMPACT

Town of Windsor Boards and Commissions are how engaged residents can volunteer their time and expertise to provide meaningful input to town leaders. Most meet just once a month. Learn about vacancies, meeting schedules, how to apply to volunteer and more at townofwindsorct.com/sf/commissions

Attend in person, watch on WGTV, or on Zoom

Windsor Town Council 1st and 3rd Mondays at 7:30 PM at Town Hall

Town Planning & Zoning Commission 2nd Tuesday/ month at 7:00 PM at Town Hall

Board of Education 3rd Tuesday/month 7:00 PM at L.P. Wilson Community Center

## WINDSOR'S 2024 LEAF COLLECTION PROGRAM STARTS **ON MONDAY OCTOBER 28TH**

Windsor's 2024 leaf collection program will begin on Monday October 28th and will end on Friday December 20th. During this eight-week period your leaves will be picked up on the same day as your trash pick-up.

Residents must place their leaves at the curb in 30 to 40 gallon paper leaf bags. Leaves may also be placed in similar-sized containers that are labeled with a "Leaves Only" sticker that can be easily identified by the driver (ie:, the sticker facing the road). Residents can obtain these stickers at the Town Hall or the Windsor Transfer Station.

In Windsor, the transfer station accepts residents' leaves at no charge and uses them to produce compost. Leaves must be clean and must not contain other items that will compromise the quality of the mulch that will be created. These items include grass clippings, branches, or other items.

If you choose to self-haul your leaves to the transfer station, there is no charge during this period for dropping off clean loads of leaves, (no contaminants or plastic bags).

The transfer station accepts leaves Mondays and Fridays 8:00 AM to 2:45 PM. Tuesdays and Wednesdays 10:00 AM to 2:45 PM, and Saturdays 8:00 AM to 3:45 PM. Residents should arrive at least 15 minutes prior to closing to allow sufficient time to unload their vehicles. The Windsor Transfer Station is closed on Thursday and Sunday. It is located at 500 Huckleberry Road in Windsor. If you have any questions regarding recycling or composting in Windsor, please call the Transfer Station at (860) 285-1833.



## WINDSOR HISTORICAL SOCIETY





#### PORTRAITS OF WINDSOR PAINT NIGHT Ages 21+ | Windsor Historical Soceity

We want to see your faces! In celebration of our new People of Windsor exhibit, the Windsor Historical Society is running a portraiture class. Guided by our very own Sue Tait Porcaro, professional illustrator, artists will learn the basics of portraiture and create a self-portrait to take home. Class takes place at the Historical Society. Art supplies and snacks will be provided. BYOB optional. Pre-registration required.

Sep 6 | 6:00pm-7:30 pm | Fri | \$25

#### WANDERING WINDSOR: BROAD STREET GREEN All ages | Windsor Town Green

Join Windsor Historical Society Archivist Michelle Tom on a walking tour of the beautiful Broad Street Green. Peer into the past of the Green's most recognizable landmarks, such as The Plaza, The Bean@226, and shops on Central Street. The tour will begin at the Eagle Statue on the Green. Rain date 9/18/24. Pre-registration required.

Sep 17 | 10:00am-11:30am | Tue | \$10

#### **BOUNTY OF BARGAINS: TAG SALE FUNDRAISER**

All ages | Windsor Historical Society

Join us at the Windsor Historical Society to find that perfect gently used household item you've been looking for! From furniture, china, and games to holiday decorations and the "almost-antique," donated items will be sold to raise vital funds to support the Society's museum programs and operations. Rain or shine! Early bird access for the experienced hunter on Thursday the 10th. Everything is half off on the 13th!

Oct 10 | 3:30pm-6:30pm | Thu | Early Bird: \$10 Oct 11 | 10:00am-5:00pm | Fri | Free Oct 12 | 8:00am-4:00pm | Sat | Free Oct 13 | 10:00am-2:00pm | Sun | Free

#### HEATH COOKING: SWEETS AND SAVORIES

Ages 10+ | Windsor Historical Society

Are you sweet or salty? Find out under the guidance of master hearth cook Becky Hendricks as you prepare, sample, and take home scrumptious colonial-era small bites and desserts in the historic Strong-Howard House. Almond macaroons, apple Charlotte, beef pasties, cranberry scones, lemon tart, Portugal cakes, queen cake,

stuffed mushrooms, and wafers with red currant crème all await. This is not a nut-free environment. Please indicate any dietary restrictions at registration. Pre-registration required.

Oct 19 | 11:00am-4:00pm | Sat | \$65 per person plus an estimated \$10-15 food costs

#### WANDERING WINDSOR: PALISADO CEMETERY All ages | Windsor Historical Society

Cemeteries are fascinating places where art and history meet. Join former Windsor Historical Society director Christine Ermenc for a stroll through Palisado Cemetery, home of Connecticut's oldest grave, where history and art come together. Group will meet at the Windsor Historical Society. Pre-registration required.

Oct 26 | 10:00am-11:30am | Sat | \$10

#### **GENEALOGY LECTURE: DNA & YOUR FAMILY TREE** All ages | Windsor Historical Society

DNA is a powerful tool to confirm a lineage for those who know their family history. For those who don't, it can be life-changing. Learn about the most popular DNA tools and techniques available to researchers today. Explore challenges and successes in the modern world of genealogy. Join genealogist Jennifer Zinck at the Windsor Historical society for this informative session. Pre-registration encouraged.

Oct 30 | 6:00pm-7:15pm | Wed | \$10



## HONORING OUR VETERANS, SHARING OUR **MEMORIES: VETERANS PHOTO SHARE**

All ages | Windsor Senior Center

Windsor Veteran's Photo Share is a joint program with the Windsor Senior Center and Windsor Historical Society. Windsor-area Veterans are invited to share a special photo or image of their time in uniform as well as their memories about what makes the photo so special! A free breakfast for Windsor Veterans will be provided at the Windsor Senior Center at 10 AM, with the program to follow immediately. Contact mtom@windsorhistoricalsociety.org in advance to share photos.

Nov 7 | 10:00am-11:30 am | Thu | Free





#### THE 29TH CONNECTICUT REGIMENT AND THE FIGHT FOR FREEDOM FILM SCREENING AND LECTURE

All ages | Windsor Historical Society

Join us for a film screening and lecture on the Berlin Historical Society's award winning short film on the 29th Connecticut's Black Regiment during the American Civil War. The event will begin with a screening of the documentary followed by a presentation on the making of the film, additional research on the men from Berlin and Windsor who served in the regiment.

Nov 9 | 1:00pm-2:30pm | Sat | \$10



#### HEARTH COOKING: EVERYTHING BUT THE TURKEY Ages 10+ | Windsor Historical Society

Help create a feast fit for autumn under the tutelage of master hearth cook, Becky Hendricks, in Windsor Historical Society's Strong-Howard House. Dishes include sherried sweet potatoes, sauced apples, carrot pudding, onion pye, wild mushroom pye, sweet potato biscuits, creamed celery with pecans, and apple-currant relish. Preregistration required. This is not a nut-free environment. Please indicate any dietary restrictions at registration. Nov 16 | 11:00am-4:00pm | Sat | \$65 per person plus estimated \$10-15 food costs

## ZOOM GENEALOGY SUPPORT GROUP

All ages | Zoom

Just starting to research your family tree? Experienced but stumped? This informal gathering engages in lively discussion and problem solving. Society staff members have been helping family history researchers - beginners and experts - for many years. You just might find a solution to your brick wall through a fellow family history researcher in these informal discussion and problemsolving sessions via Zoom. Registration is required for Zoom meeting link.

Dec 5 | 5:30pm-6:30pm | Thu | Free

#### HOLIDAY SHOPPING

All ages | Windsor Historical Society

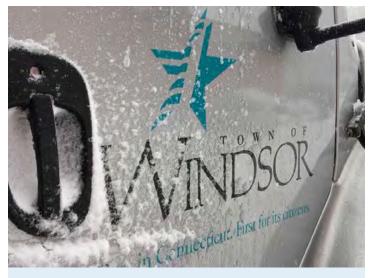
Give a little piece of history and experience some for yourself this holiday season at Windsor Historical Society! Stop by for special holiday shopping at the Society's gift shop and bookstore and take advantage of a rare 15% discount!

Dec 7 | 10:00am-4:00pm | Sat | Free

#### **CLASSICAL COCKTAIL CLASS**

Ages 21+ | Windsor Historical Society

Come join us in toasting some cozy concoctions from America's past. By the fire of the Strong-Howard house, participants will make an array of historical mixed drinks, both alcoholic and nonalcoholic, and snacks to celebrate the season. Please indicate any dietary restrictions at registration. This is not a nut-free environment. Dec 14 | 7:00pm-8:30pm | Sat | \$25



#### WINTER PARKING RULES.

They're designed to keep everyone safe this winter.

November 15 to April 15: No parking on Windsor streets between 1:00 AM and 6:00 AM. No parking on any street during a snow or ice storm that has been in progress for one hour or more. Also, don't leave your vehicle on the street in such a position that it impedes snowplowing operations or the free flow of traffic.

When the snow arrives this year, remember to keep outside exits, walks and stairs free of snow and ice. Don't forget there is a town ordinance that requires all property owners to clear snow from the sidewalk (and fire hydrants if there is one on your property) within 12 hours after a storm.

It's all common sense but it's also the law.

The Social Services Department assists residents with health needs, financial services, insurance programs, energy assistance, veteran's benefits, and more. Visit us at the south end of the L.P. Wilson Community Center or on our website at townofwindsorct.com/socialservices or call 860-285-1839.

Follow us: Town of Windsor Social Services on

#### **ENERGY ASSISTANCE**

Energy Assistance is available through the Windsor Fuel Bank. 860-683-4199.

#### **GRANDPARENTS RAISING GRANDCHILDREN/KIN**

Support program is an educational support and respite group for grandparents raising a second family.

**GREATER HARTFORD LEGAL AID** comes to L.P. Wilson the 1st Friday of each month to provide FREE legal assistance to low income residents. Appts. taken between 9-11AM. Call Social Services to schedule your appointment.

#### **GROCERIES TO GO**

Supplementary food items and educational materials to clients 60 and older every other Friday from 10:30 AM to 11:30 AM at the L.P. Wilson Community Center.

HARTFORD AMERICAN JOBS CENTER comes to L.P.

Wilson 3rd Thursday of each month to assist residents with their career choices, job search, finding jobs, writing cover letters and resumes. Call 860-406-3374 to schedule your appointment.

#### LEAN ON ME

Meet one of our friendly and knowledgeable caseworkers to learn about programs you may qualify for such as; utility assistance, food, energy, Medicare, or others. All contacts are confidential. Free. Call to make an appointment 9/3, 10/1, 11/5 and 12/3 1:00 PM to 3:00 PM at the Windsor Public Library.

#### **PROGRAM INCOME ELIGIBILITY REQUIREMENTS**

Household Size	1	2	3	4	5	6	7	8*
Annual Income	\$45,180	\$61,320	\$77,460	\$93,600	\$109,740	\$125,880	\$142,020	\$158,160

\*For each additional person add \$16,140. Income guidelines reflect 300% of the federal poverty limit, last updated on 7/1/2024.



With a generous donation of \$80,000 from the Windsor Food and Fuel Bank to compliment \$60,000 of town community investment initiative funding, the Windsor Food Bank located at the L.P. Wilson Community Center was renovated. Improvements to the space which was once the custodial offices when the facility was a junior high, include fresh paint, new flooring, upgraded light fixtures, stainless steel shelving, a cooling unit and efficiency improvements.

#### BEFORE



#### **MOBILE FOODSHARE**

Distribution of fresh fruits and vegetables to individuals and families in need at Hopewell Baptist Church, 280 Windsor Avenue, on alternating Wednesdays from 2:00 PM to 2:30 PM. Begins Sept. 4th. Please bring your own bags.

**SNAP** (formerly known as Food Stamp Program) for assistance in applying for SNAP benefits, please call Foodshare SNAP Outreach at 860-286-9999, Ext. 104.

WINDSOR C.A.R.E.S. (Citizens Assisting Residents Everywhere by Sharing) Get involved in community service projects that benefit others. Meets 9/10, 10/8, 11/12 and 12/10 from 1:00 PM to 2:00 PM at the L.P. Wilson Community Center.

#### WEEKEND WHEELS STUDENT BACKPACK FOOD PROGRAM

This is a supplemental food program that provides qualifying Windsor children in grades pre-k thru high school with a bag filled with food to help thru the weekend.

#### WINDSOR FOOD BANK

Supplemental food is provided to Windsor residents who are income eligible, including a variety of pantry items, fresh produce, and meat.

#### WINDSOR HUNGER ACTION TEAM

Windsor civic organizations, churches and interested residents, tackle issues related to hunger in our community. Meets first Wednesday of each month.



## WINDSOR RECREATION SERVICES

#### WINDSOR RECREATION SERVICES

L.P. Wilson Community Center 599 Matianuck Avenue, Windsor, CT 06095 860-285-1990 townofwindsorct.com/recreation

Follow us on social media! @Windsorctrec 🚹 🗙 🞯

#### REGISTRATION

Due to limited space, registration is needed for all recreation programs unless otherwise specified. To register, please visit townofwindsorct.com/recreation or visit the recreation office at the L.P. Wilson Community Center, 599 Matianuck Avenue. Price Key: R = Resident, NR = Nonresident

#### **REFUND POLICY**

All refunds will be credited to your customer account unless the program registration fee was paid by credit card, in which case a refund will be credited back to your credit card account. Refunds processed back to credit cards usually appear on the next month's statement. If you have any questions regarding the refund policy, please call us at 860-285-1990.

#### CANCELLATIONS

For the latest information and cancellations of Windsor Recreation and Leisure Services activities, call 860-285-1988.

### YOUTH SPORTS

#### **KARATE-WINDSOR SCHOOL OF SELF DEFENSE** Ages 5-17 | L.P. Wilson Community Center Gymnasium

The Windsor School of Self Defense with Joe Jone offers Martial arts training for children. Build discipline, learn new skills and techniques, and have fun while progressing through the program. Participants may purchase a uniform for an additional charge.

Sep 3-26, Oct 1-29, Nov 5-26, Dec 3-19 | 6:00pm-7:00pm | Tue, Thu | R:\$45, NR: \$55

#### STUDENT OPEN BASKETBALL

Windsor Students in Elementary – High School | L.P. Wilson Community Center Gymnasium

If you're a Windsor student, come play some basketball after school. Whether you want to practice skills or play some informal pickup games, our gym is open to get some physical activity and socialize with friends. A valid student ID is needed.

Sep 3-Jun 20 | 3:00pm-5:00pm | Mon-Fri | Free

#### **BEGINNER FENCING-LEVEL 1**

Ages 11+ | L.P. Wilson Community Center Gymnasium

Challenge your friend to a duel and learn the fundamentals in this 8-week beginner course of the intense, fun, and intricate art of fencing. Taught by National and International Gold Medalist Malsun Marletto, who has over 25 years of personal competitive fencing & coaching experience. The fee includes instruction and all fencing equipment rental.

Sep 18-Nov 13 | 5:15pm-6:30pm | Wed | R: \$180, NR: \$190

#### **BEGINNER FENCING-LEVEL 2**

Ages 11+ | L.P. Wilson Community Center Gymnasium

Participants must have completed Beginner Level 1. Continue to learn the fundamentals in this 8-week beginner course of the intense, fun, and intricate art of fencing. Taught by National and International Gold Medalist Mal-sun Marletto, who has over 25 years of personal competitive fencing & coaching experience. The fee includes instruction and all fencing equipment rental.

Sep 18-Nov 13 | 6:30pm-7:30pm | Wed | R: \$180, NR: \$190

#### NEXT LEVEL BASKETBALL CLINIC

Ages 7-10 | L.P. Wilson Community Center Gymnasium The Windsor Recreation Department will host a Next Level Basketball clinic program on Saturday, November 5 & 12 at LP Wilson Community Center gymnasium. The clinics give an opportunity for participants to learn the game of basketball in a FUN and ENERGETIC environment! The clinics will teach the fundamentals. from dribbling left/right hand, passing and shooting to defense and conditions drills.

Oct 5-26 | 10:00am-11:45am | Sat | R: \$40, NR: \$50

#### NEXT LEVEL BASKETBALL CLINIC

Ages 11-13 | L.P. Wilson Community Center Gymnasium

The clinics give an opportunity for participants to learn the game of basketball in a FUN and ENERGETIC environment. Learn the fundamentals, from dribbling left|right hand, passing and shooting to defense and conditions drills. Oct 5-26, Nov 2-30 | Noon-1:30pm | Sat | R: \$40, NR: \$50

### WINDSOR INSTRUCTIONAL BASKETBALL LEAGUE

Grades 2-12 (residents only) | L.P. Wilson Community Center Gymnasium

Sign up for our fall organized basketball league and keep your skills sharp! Registration opens September 18 and remains open until December 2. Basic fundamentals and sportsmanship are stressed. Teams will practice once a week and play games on the weekends. All participants must attend at least one clinic in December. Registration cannot be accepted at the clinics. League starts Jan 2. Coaches will contact everyone after the clinics regarding schedules.

#### FLY BADMINTON CLUB SESSION 1

Ages 5-10 | L.P. Wilson Community Center Gymnasium Experience the world of Badminton with former USA National Badminton Team member, Nikki Vered. Nikki brings over 30 years of player/coaching experience and has produced multiple International/National champions. You will learn the basics and fundamentals of Badminton. strategies and gameplay, as well as advanced technical skills. All skill levels are welcome.

#### Sep 6-27, Oct 4-25, Nov 1-22, Dec 6-27 | 5:00pm-6:30pm | Fri | R: \$80, NR: \$90



## THE WINZONE PARTY RENTALS

Rent our exciting Winzone at the 330 Windsor Avenue Community Center. Winzone includes an indoor playscape, rock wall, and gymnasium. Winzone can be rented on Saturdays for birthday parties. Available from September 7th to December 22nd, no rentals on November 30th or December 1st, rental hours are from noon to 7:00 PM. For more information, call 860-285-1990 or visit our website

**Rental rates:** 2 hours: \$150 3 hours: \$205 4 hours: \$260 5 hours: \$315 6 hours: \$370



#### Party Extras:

Teen Zone: The Teenzone room is available for an additional fee and includes pool tables, vintage arcade games, and more. \*Add-on only, not available as a separate rental.



#### **FLY BADMINTON CLUB SESSION 2**

Ages 11-18 | L.P. Wilson Community Center Gymnasium

Experience the world of Badminton with former USA National Badminton Team member, Nikki Vered. Nikki brings over 30 years of player/coaching experience and has produced multiple International/National champions. You will learn the basics and fundamentals of Badminton, strategies and gameplay, as well as advanced technical skills. All skill levels are welcome.

Sep 6-27, Oct 4-25, Nov 1-22, Dec 6-27 | 6:30pm-8:00pm | Fri | R: \$80, NR: \$90

## **AFTER SCHOOL & VACATION CAMP**

## **R.I.S.E. AFTER SCHOOL ELEMENTARY**

Grades 1-5 | 330 Windsor Avenue Community Center

Students enjoy sports, games, arts & crafts, snacks, homework assistance, the Windsorland-Indoor playscape, gym time, and more. Transportation is provided from all Windsor public schools to the Community Center. Follows all school cancellation policies.

Program runs monthly throughout the year **| 3:30pm-6:00pm** | \$200/month

#### **Rental rate:**

2 hours: \$75 3 hours: \$100 4 hours: \$125 5 hours: \$160 6 hours: \$175



#### Imagination Playground Blocks: A revolutionary

playground system that can transform any party or event into a space that promotes learning, social development, movement, and, most importantly, fun! These blocks are designed to let children's imaginations run wild as they can build anything they can imagine, such as animals, rocket ships, houses, or robots. The beauty of these blocks is that children make the rules, as imagination play is child-directed and open-ended, which encourages self-expression through deep and joyful play.

Price: \$100/per party

## WINDSOR RECREATION SERVICES



**R.I.S.E. ABOVE AFTER SCHOOL PROGRAM** Grades 6-7 | 330 Windsor Avenue Community Center

A well-supervised, engaging after-school program where students enjoy friends, fun, sports, games, science projects, arts & crafts, snacks, homework assistance, and the Teen Zone. Transportation will be provided from all Windsor Public Schools to the community center. Follows all school cancellation policies.

Program runs monthly during the school year | 3:00pm-5:30pm | \$115/month

#### **DECEMBER VACATION CAMP**

Grades K-6 | 330 Windsor Avenue Community Center Students will enjoy their winter break with friends, games, sports, activities, arts and crafts, and more. Participants should bring their own lunch, and we'll provide a snack.

**December 26, 27, 30 & 31 | 8:00am-5:00pm** | Thu-Tue | \$45/day

## **ADULT SPORTS & FITNESS**

#### **ADULT KARATE**

Ages 17+ | L.P. Wilson Community Center

The Windsor School of Self Defense with Joe Jone offers Martial arts training for children. Build discipline, learn new skills and techniques, and have fun while progressing through the program. Participants may purchase a uniform for an additional charge.

Sep 3-24, Oct 1-29, Nov 5-26, Dec 3-17 | 5:00pm-6:00pm | Tue | R: \$75, NR: \$85

ADULT OPEN VOLLEYBALL Ages 18+ | L.P. Wilson Community Center Gymnasium

Sep 4-Dec 30 | 7:30pm-9:00pm | Mon, Wed, & Thu | R: \$1, NR: \$2

FLY BADMINTON GROUP PLAY Ages 18+ | L.P. Wilson Community Center Gymnasium

Sep 8-29, Oct 6-27, Nov 3-24, Dec 1-29 | 9:00am-noon | Sun | R: \$20, NR \$28

ADULT OPEN PICKLEBALL Ages 18+ | L.P. Wilson Community Center Gymnasium

Sep 8-Dec 29 | 1:00pm-3:00pm | Sun | R: \$1, NR: \$2

#### ADULT ENRICHMENT



**DOG TRAINING LEVEL 1 AND LEVEL 2** Ages 16+ | L.P. Wilson Community Center

You and your dog will learn a wide variety of skills and an understanding of how to progress in appropriate steps leading towards off leash control. Class is suitable for puppies and dogs of all ages and gives a solid foundation for a healthy, well-balanced pet. Although courses can deal with many problem behaviors, this course is not meant to address serious behavior issues, such as aggression.

**Level 1 | Oct 13-Nov 17 | 9:30am-10:30am** | Sun | R: \$90, NR: \$100

Level 2 | Oct 13-Nov 17 | 10:35am-11:35am | Sun | R: \$90, NR: \$100

## AQUATICS

#### FALL SWIM LESSONS

Swim lesson registration begins on Thursday, September 19 at 8:00 AM online and at the L.P. Wilson Community Center. Lessons begin on Saturday, October 19 and continue each Saturday (no class November 30) through December 14 at the Windsor High School indoor pool. Lessons are \$70 per child.

Stroke Development (Lvl 3) | 11:00am-11:50am Water Adjustment | 11:00am-11:30am Water Adjustment Adv. | 11:30am-noon Parent/Tot | 11:30am-noon Intro to Water Skills | Noon-12:50pm Stroke Refinement (Lvl 5) | Noon-12:50pm Fundamental Aquatic Skills (Lvl 2) | 1:00pm-1:50pm Stroke Improvement (Lvl 4) | 1:00pm-1:50pm

#### WATER FITNESS

Ages 18+ | Windsor High School Indoor Pool

Enjoy a workout that uses the water's natural resistance to help you get fit by building cardiovascular fitness and strength. Because of their low-impact format, water exercise classes are suitable for almost every age and fitness level. And just like swimming, water exercise classes are easy on your joints! No class 10/14, 11/27.

Sep 18-Oct 28 | 7:30pm-8:30pm | Mon & Wed | \$90/session Nov 4-Dec 11 | 7:30pm-8:30pm | Mon & Wed | \$90/session



#### **SPLISH-SPLASH SPECIAL NEEDS SWIM LESSONS** Ages 5-21 | Windsor High School Indoor Pool

Special needs swim lessons are available for persons with developmental and/or cognitive impairments. The emphasis is on development of swimming skills and increasing range of motion through a total body workout on an individual basis. With a 1:1 teacher to student ratio, this class will boost confidence and enhance the swimming experience. Lessons are held in 30 minute increments.

Oct 22-Dec 10 | 5:30pm-7:00pm | Tue | \$65/session

#### LAP SWIM

All ages | Windsor High School Indoor Pool

What better way to stay in shape this fall than swimming laps? Sessions are subject to change, and lanes are shared. No lap swim on November 28.

Oct 22-Dec 10 | 5:30pm-7:00pm | Tue | \$15 Oct 24-Dec 12 | 7:30pm-8:30pm | Thu | \$15

## **EVENTS**

#### PHONE CALLS FROM THE NORTH POLE

Ages 3-9 | L.P. Wilson Community Center

A phone call from Santa is on every child's wish list! Sign up to receive a special planned call that will light up your child's Christmas. Pick up a form in our office at the L.P. Wilson Community Center or download it from our website and return it to our office by Friday, December 8. **Dec 12 | 4:30pm-8:00pm** | Thu | Free

### WINDSOR YOUTH THEARTE PEE WEE DIVISION PRESENTS ALICE IN WONDERLAND JR.

All ages | L.P. Wilson Community Center

Lewis Carroll's Alice's Adventures in Wonderland is a classic children's book. It tells the story of young Alice as she follows the White Rabbit into the fantasy world of Wonderland. There, Alice meets strange creatures like the Hatter and the Hare, the Cheshire Cat, and the Queen of Hearts. Enjoy watching Windsor Youth Theater's Pee Wee Division perform this clasic story.

Nov 23 | 7:00pm-9:00pm | Sat | Seniors & Students: \$12, Adults: \$15

Nov 24 | 2:00pm-4:00pm | Sun | Seniors & Students: \$12, Adults: \$15

## ACTIVE LEARNING THROUGH DRAMA: DRAMA SHORTS

Grades 6-8 | L.P. Wilson Community Center

Short one-act play(s) help students develop skills in auditioning for parts, analyzing a script, building characters, creating interactions, learning lines/blocking and performing for an audience. Participants collaborate to design simple sets, costumes and props for a culminating presentation. A perfect introduction for new students or opportunity to go deeper for experienced performers. Cost includes both Monday and Saturday.

Dec 2-21 | 5:30pm-7:00pm | Mon | \$90 Dec 2-21 | 10:00am-12:30pm | Sat | \$90

## ACTIVE LEARNING THROUGH DRAMA: SCENES & MONOLOGUES

#### Grades 6-8 | L.P. Wilson Community Center

Exploring improvisation, movement, and vocal techniques for the stage, participants build performance skills through character analysis and scene study. Students develop a process for approaching a script and discover how to bring their own unique talents to portraying a role. Working individually and collaborating with partners, they work on scenes and monologues from scripted plays or create their original pieces. The class culminates with a sharing of selections of their work.

#### Sep 12-Oct 24 | 6:00pm-7:00pm | Thu | \$80

#### FAMILY BINGO NIGHT

All ages | L.P. Wilson Community Center Cafeteria Are you and your family missing the summer fun? Embrace the fall and grab the gang for a relaxed bingo night. Bring a nonperishable food item for the Windsor Food Bank and receive an extra door prize raffle ticket. Pizza, chips and refreshments will be available for purchase.

#### Nov 7 | 6:15pm-7:30pm | Thu | Free

#### **NIGHT OF 1001 PUMPKINS**

All ages | L.P. Wilson Community Center

Enjoy an outdoor pumpkin patch, outdoor pumpkin carving, music, games, fall crafts, cider and donuts. No registration needed.

#### Oct 24 | 6:00pm-7:30pm | Thu | Free

## WINDSOR RECREATION SERVICES

### **BE WELL WINDSOR**

### YOGA FOR THE NEW OR **HESITANT YOGI**

Ages 16+ | L.P. Wilson Community Center Yoga doesn't have to be

BE WEL INDSOR Health & Wellness Initiati

intimidating. Relax; this class caters to the new or hesitant yogi. Frank is a certified Yoga Teacher with Yoga Alliance. Learn simple postures with blocks and straps available to make them easy to express. Yoga is for everybody, not just the young and naturally flexible. Class includes breath work, postures, correct alignment, relaxation, meditation, and yogic wisdom!

Sep 12-Oct 17, Oct 31-Dec 12 | 5:30-6:30pm | Thu | \$15

## FEELING FOODIE: FINDING YOUR INNER CHEF

All ages | L.P. Wilson Community Center Cafeteria

Ready to turn up the heat on your current cooking repertoire? Then come join us as we partner with "My Local Chefs" to bring you this special monthly cooking series. Meet local chefs, watch a live cooking demonstration, enjoy tasting the evening menu, and take away a special bonus to help recreate the dish at home.

Oct 15, Nov 19, Dec 17 | 6:00pm-7:30 pm | Tue | R: \$20, NR: \$30



## **EXTREME HIP HOP STEP - BEGINNER**

Ages 16+ | L.P. Wilson Community Center

Discover the benefits of Xtreme Hip Hop STEP! Improve your cardiovascular endurance with low-impact movements that reduce joint stress. Embrace a slower pace to learn the movements and routines stress-free. Perfect for beginners!

Sep 10-Oct 15. Oct 29-Dec 3 **| 7:30pm-8:30 pm** | Tue | R: \$20, NR: \$30

#### **EXTREME HIP HOP STEP - INTERMEDIATE**

Ages 16+ | L.P. Wilson Community Center

Embrace a faster-paced environment of Xtreme Hip Hop STEP for students looking for medium-intensity and intermediate skills. We cover everything from the basics to the advanced moves! No class 11/28.

Sep 12-Oct 18, Oct 31-Dec 13 **| 7:30pm-8:30 pm** | Thu | R: \$20, NR: \$30



#### **TEEN HIP HOP** Ages 10+ | L.P. Wilson Community Center

This is an excellent way for teenagers to increase their confidence, express themselves, improve coordination, be creative, and have fun. Please wear loose, comfortable clothing that allows you to move around guickly and indoor shoes. No class 11/27.

Sep 11-Oct 16 | 5:30pm-6:30pm | Wed | \$20 Oct 30-Dec 11 | 5:30pm-6:30pm | Wed | \$20

#### ADULT BELLYDANCING

Ages 16+ | L.P. Wilson Community Center

Bellydance is a fun, expressive dance form that involves hip and core movements. It can help with balance, core strength, and confidence. Experience a new way to work out!

Sep 9-Oct 14 | 6:00pm-7:00pm | Mon | \$10 Oct 28-Dec 2 | 6:00pm-7:00pm | Mon | \$10

#### **ADULT ST. JAZZ**

Ages 16+ | L.P. Wilson Community Center

Your instructor, Chinue, will help you break down each move, have fun, and get your body moving. Remember to bring water and a clean pair of comfortable shoes, such as jazz shoes or clean sneakers. No class on 11/27. Sep 11-Oct 16 | 6:30pm-7:30pm | Wed | \$45

Oct 30-Dec 4 | 6:30pm-7:30pm | Wed | \$45

#### **YIN & RESTORATIVE YOGA WITH FRANK** Ages 16+ | L.P. Wilson Community Center

Enjoy deeply relaxing and stress-releasing postures, combined with deep abdominal breathing. These postures ground us and restore life energy. They are ideal for people who are overworked, living with chronic conditions, or simply wish for deeper self-care.

Sep 11-Oct 16 | 5:00pm-5:50pm | Wed | R: \$10, NR: \$20/session

Oct 30-Dec 11 | 5:00pm-5:50pm

| Wed | R: \$10, NR: \$20/session

#### CARDIO DANCE WITH KAYLA

Ages 16+ | L.P. Wilson Community Center

A dynamic exercise that seamlessly combines dance choreography with heart-pumping cardio workouts, all synchronized to the rhythm of the music. Enjoy moving to the beat while giving your heart a fantastic workout.

Sep 11-Oct 16 | 7:45pm-8:45pm | Wed | R: \$20, NR: \$30/session Oct 30-Dec 4 | 7:45pm-8:45pm | Wed | R: \$20, NR: \$30/session

#### SOUND MEDITATION WITH MARIA

Ages 16+ | L.P. Wilson Community Center

Join us for the bi-weekly series with seasoned Sound Practitioner Maria del Carmen. Bring your yoga mats, pillows, bolsters, or blankets to the session.

Sep 3, 17; Oct 1, 15, 29; Nov 5, 26; Dec 10 | 6:00pm-7:00pm | Tue | \$10/class

#### MYSTICAL ARTMAKING WITH MELISSA RICHARDSON

Ages 16+ | L.P. Wilson Community Center

Discover the magical realm of goddesses who have shaped beliefs worldwide. Create art inspired by these ancient female figures. Enjoy a luscious evening that relaxes your mind and nourishes your spirit. (You don't need to be an artist to have fun creating!)

#### September 17:

Guanyin: Buddhist Goddess of Kindness and Mercy October 15: Pattini: Sri Lankan Goddess of Justice November 19: Mawu: West African Goddess of Life December 17:

Rhiannon: Welsh Queen of Horses and Courage

Sep 17, Oct 15, Nov 19, Dec 17 | 6:00pm-8:00pm | Tue | R: \$20, NR: \$25/session

## **PARK LOCATIONS & AMENITIES**

Parks / Trails	Address	Pool	Grills	Pavilion	Trails	Playscape	Restrooms	Walk Path	Fishing Pond	Tennis Court	Soccer Field	Basketball Courts	Baseball/ Softball Field	Total Acreage
Custer Park	58 Custer Dr.					х								4
Deerfield Park	70 Colton Park					х						х		2
Fitch Park	180 Bloomfield Ave.					х							х	7.6
Lancaster Park	95 Lancaster Dr.					х						х	х	36.2
Northwest Park	145 Lang Rd.			×	х	х	X	х			х			465
Sharshon Park	48 Skitchewaug St.		x	х		х		х			х	х		12
Stroh Park	685 Windsor Ave.	х				х						х		10
Trent Park	40 Trent Dr.					х						х	х	5
Washington Park	18 Lenox Ave.		х	х		Х	(X)	х	х					14.6
Welch Park	45 Niles Rd.	х	х			х				х		Х	х	9.6
LP Wilson	599 Matianuck Ave						((X))	х		х	х		х	31.4
Mill Brook	147 Pigeon Hill Rd							х						95
Bissel Bridge Trail	265 East Barber St.				х									
Windsor Center Trail	52 Palisado Ave.				х									

((X)) Bathrooms are open only during business hours

#### PUZZLERS CLUB

Ages 16+ | 330 Windsor Avenue Community Center

Love doing puzzles but never have the time or space? We'll have multiple puzzles to choose from, and we can either all work on the same puzzle or do separate ones depending on what everyone wants. Puzzle boards to store the puzzles between classes will be supplied. Set aside time for yourself once a week to engage in some relaxing fun!

Sep 5-Oct 10, Oct 31-Nov 21 | 5:30pm-7:00pm | Thu | \$20

#### LAUGH AND CRAFT

Ages 16+ | 330 Windsor Avenue Community Center

At this fun and social crafting session, we provide all the necessary materials for you to use in class. Don't worry if you're unsure what to make as the instructor will provide additional prompts to help get you started.

Sep 4-Oct 9, Nov 6-Dec 11 | 5:30pm-7:00pm | Wed | \$20

#### MIXXEDFIT WITH CREYA

All ages | 330 Windsor Avenue Community Center

MixxedFit with Creya is a people-inspired fitness program that combines explosive dance movements with bodyweight toning. MixxedFit is for all levels, and all are welcome!

#### Sep 27-Nov 1 | 7:00pm-8:00pm | Fri | \$20

# **POWERFUL ENGAGEMENT**

Messages Windsor PD

"Officer White was very calm and understanding. He took time to hear both sides and asked helpful questions to get the needed information. I am thankful he was the responding officer!"

– Resident feedback



#### WINDSOR POLICE OFFICERS AND DISPATCHERS WELCOME FEEDBACK

When purchasing an item at the store, we are often asked by the cashier, "Did you find everything you needed?" That's their way of gathering feedback and gauging your satisfaction on your shopping experience. Can you imagine a police department doing the same thing? The Windsor Police Department is doing just that. And they are the first police department in Connecticut to do so.

Power Engage software is a community engagement tool, specifically designed for law enforcement to keep citizens informed, measure customer satisfaction and boost morale within the department. The data received from Power Engage helps the department measure the effectiveness of police response and service delivery.

If you initiate a call to the Windsor P.D., a text is sent following your call for service asking a few questions about how things went with your interaction. The questions are simple. Rate 1-5 how satisfied you were with the service you received from the officer and the dispatcher? Do you have any feedback for the officer or the dispatcher?

In 2024, 1,913 surveys were sent and 842 were returned. Of that 91% were positive responses, 4% neutral, 5% negative. Officers receive weekly reports of data collected from calls they responded to. "It stresses the importance of customer service, measures how we are doing, helps identify areas we may need to improve in, reinforces good behavior and boosts morale in the department," said Lieutenant Nicholas Dally, who oversees the program.

For now, you won't receive this text after a moving traffic violation. Let's face it -

"The feedback I have for the dispatcher, is, thank you! I felt so comfortable... and I appreciated the tone she had. She did not rush the conversation, and I felt she was receiving the message by repeating my words and saying "is that correct," made me feel like she was paying attention to me..."

- Resident feedback

would you really give objective feedback after getting pulled over for speeding? According to Dally, outreach following all police interactions is a future goal. For now, your participation helping the police measure the effectiveness of their response to your call for service is the powerful engagement they are looking for.

## WINDSOR YOUTH SERVICES BUREAU



599 Matianuck Avenue. Windsor, CT 06095 860-285-1990 townofwindsorct.com/recreation/ysb

Follow us on social media! @WinYSB 🚹 🗙 國

#### REGISTRATION

Due to limited space, registration is needed for all YSB programs unless otherwise specified. To register, please visit townofwindsorct.com/recreation/ysb or visit the YSB office at the L.P. Wilson Community Center at 599 Matianuck Avenue.

#### YOUTH SERVICES BUREAU REFUND POLICY

All refunds will be credited to your customer account unless program registration fee was paid by credit card, in which case a refund will be credited back to your credit card account.

#### **COMMUNITY SERVICE OPPORTUNITIES**

Looking to make a positive impact in your community? Discover the various local community service options available by visiting the Windsor Youth Services Bureau's website. Explore opportunities to volunteer, mentor, or contribute your skills towards supporting and empowering young people. Together, we can create a stronger, more vibrant community. Visit the townofwindsorct.com/recreation/ysb today and start making a difference!

#### PROGRAMS

#### YOUTH IN ACTION

High School Students | Millbrook Clubhouse, 147 Pigeon Hill Road Join a diverse group of Windsor High School students who want to make their school and community a better place for others. Transportation is provided from Windsor High School to the program.

Sep 30 | Dismissal-5:30pm | Mon | Free

#### FAMILY PAINT NIGHT

Ages 5+ | Millbrook Clubhouse, 147 Pigeon Hill Road

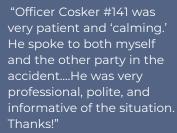
Enjoy a relaxing and fun paint night with the family. This workshop can help youth and families soothe school and home stressors. Instruction, canvas, paint supplies and dinner are provided.

Oct 11 | 6:00pm-8:00pm | Fri | \$15

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tment. Based on ecent call and

How satisfied are you with the service you recieved from the office



– Resident feedback



**BOY'S REACHING FOR OPPORTUNITIES (BRO'S)** Boys Grades 4th - 8th | 330 Windsor Avenue Community Center

Activities, dialogue, and self-expression to question stereotypical concepts and to increase boys' emotional, social, and cultural literacy. Dinner is provided at each session.

#### Oct 21 | 6:00pm-8:00pm | Mon | Free



## **TULIP KIT DELIVERY -CELEBRATE RED RIBBON WEEK**

All ages | Virtual

In celebration of Red Ribbon Week, a national effort to raise awareness about drug abuse (October 23 - 31) we're delivering free red tulip kits to your house so you can plant a promise (that will bloom in the spring) to live a healthy and drug-free life. Each kit will include 10 red tulip bulbs, 1 bulb planting tool, and Red Ribbon Week giveaways. One kit per household. Register for a kit on our website. Oct 23 | Wed | Free

#### **FAMILY PAINT NIGHT**

Ages 5+ | Millbrook Clubhouse, 147 Pigeon Hill Road

Enjoy a relaxing and fun paint night with the family. This workshop can help youth and families soothe school and home stressors. Instruction, canvas, paint supplies and dinner are provided.

Dec 13 | 6:00pm-8:00pm | Fri | \$15

#### YOUTH SERVICES BUREAU | REGISTER ONLINE: TOWNOFWINDSORCT.COM/RECREATION | 27 RETURN TO TOP

## **NORTHWEST PARK**

#### **NORTHWEST PARK & NATURE CENTER**

145 Lang Rd. Windsor, CT 06095 860-285-1886 townofwindsorct.com/recreation/northwest-park Follow us on social media! @NorthwestParkCT f X @

#### Nature Center hours:

Monday – Friday: 8:30 AM to 4:30 PM Saturday: 9:00 AM to 5:00 PM Sunday: 1:00 PM to 5:00 PM

#### REGISTRATION

Due to limited space, registration is needed for all Northwest Park programs unless otherwise specified. To register, visit townofwindsorct.com/recreation/northwest-park. You may also visit the Nature Center at 145 Lang Road or call the office at 860-285-1886. Price Key: R = Resident, NR = Non-resident.

#### **REFUND POLICY & CANCELLATIONS**

Please notify us at least 24 hours prior to the start of the program if you must cancel. If you cancel less than 24 hours ahead but prior to the beginning of the program, we can offer user credit. Refunds are not given for failure to attend, absence or sick days. If we must cancel a session, you will be notified at least 2 hours prior to the program and receive a full refund.



#### **NORTHWEST PARK PERKS**

A place for community enjoyment and learning, the park is operated by the Department of Recreation and Leisure Services and has many special features to delight all ages. Exhibits in the nature center feature local wildlife and seasonal highlights. The Animal Barn is home to Heritage breed livestock, including goats, chickens, and Windsor's favorite donkey, Cisco. A working Maple Sugarhouse produces enough syrup to top off local pancakes throughout the year. Community garden plots may be rented for a season, and home gardeners can draw inspiration from displays in the demonstration organic garden and sensory garden, which features native plants for pollinators. Park educators offer a year-round calendar of workshops for children and adults, school field trips, and a summer day camp program.

#### **EMBARK ON AN ADVENTURE!**

Visitors to Northwest Park can explore 473 acres showcasing Windsor's diverse natural landscapes via 12 miles of hiking trails, including accessible paths for those with limited vision or mobility. A rich mosaic of wildlife habitats includes hardwood and coniferous forest, grasslands, thickets, swamps and ponds set along the Farmington River. These habitats support some of Connecticut's rarest wildlife. Traces of the land's historic use for tobacco agriculture may be discovered at every turn.



#### TAKE THE NWP TRAIL HIKE CHALLENGE!

Can't get enough of Northwest Park? Make this the year you challenge yourself to see it all. Hike the entire length of each trail in the park by the end of the year - that's over 12 miles. You do not need to hike them all in one day. Keep track of your progress on a Hike Challenge log sheet, and let us know when you've completed your quest. Your name will be added to the Hikers' Honor Roll and you'll receive official certification of your achievement. Log sheets are available in the nature center or at townofwindsorct.com/recreation/northwest-park. Oh, and be sure to take a trail map with you!



#### NORTHWEST PARK RENTALS

Northwest Park has two open-air picnic shelters available for rental from April through November. Northwest Park rental reservations are only accepted after January 1 within the same calendar year.

The Picnic Pavilion has a capacity of 150, while the smaller Warming Shed holds up to 50. Prices range from \$85 to \$260, with an additional \$100 refundable security deposit. Those who are interested in renting a facility at Northwest Park may contact the park office at 860-285-1886.

#### WEE WANDERERS

Ages 2-5 | Northwest Park Warming Shed

Start their love of nature early! Each session will reflect the season that we're in and include hands-on exploration, a chance to meet the creatures who live at the park, and time to create a take home craft related to the day's adventures. Registration is for the full five-week session.

**Oct 7-Nov 4 | Falling in Love with Nature | 9:30am-10:45am** | Mon | R: \$45, NR: \$55

Nov 18-Dec 16 | Winding Down for Winter | 9:30am-10:45am | Mon | R: \$45, NR: \$55

#### **STORY HIKE: INTO THE WOODS WITH BABA YAGA** Ages 18+ | Northwest Park

This spooky season, immerse yourself in the Russian Folktale of Baba Yaga and Vasilisa and experience Northwest Park as you never have before! Guided by professional storytellers, you will journey through the forest, stopping along the way with creative invitations to lean in and listen closely- both to the story and the nature around you. Sponsored by the Friends of Northwest Park.

**Sep 28 | 10:00am-noon** | Sat | R: \$12, NR: \$16, Free for FONWP members

#### HOMESCHOOL PROGRAMS

Ages 5-10 | Northwest Park Warming Shed

Each month, homeschool students and their guardians are invited to join us in hands-on science and nature exploration. New topic each month. Guardians stay for the program and work with their student(s). Classes are held on the first or third Wednesday of each month. Choose from morning or afternoon sessions.

Sep 4 or 18; Oct 2 or 16; Nov 6 or 20; Dec 4 or 18 | 10:30am-11:30am or 2:00pm-3:00pm | Wed | R: \$12/class, NR: \$15/class

#### HOMESCHOOL (PRE) TEEN PROGRAMS Ages 11-14 | Northwest Park Warming Shed

Pre-teen homeschool students are invited to join in hands-on science and nature exploration. Students will be immersed in field based learning and encouraged to ask questions, seek answers and explore new ideas as they develop real world skills. Parents/Guardians may choose to drop-off their students or stay for the program.

**Sep 18, Oct 16, Nov 20, Dec 18 | 12:30pm-1:30pm** | Wed | R: \$12/class, NR: \$15/class



### LIVE ANIMAL FEEDING DEMONSTRATIONS

All ages | Northwest Park Nature Center

Watch our environmental educator feed the nature center animals! This is a great opportunity to ask questions about their diets & enrichment; and learn a bit more about the animals that call the Northwest Park Nature Center their home.

- Oct 14 | 11:00am-11:30am | Mon | Free
- Nov 5 | 11:00am-11:30am | Tue | Free
- Nov 27 | 11:00am-11:30am | Wed | Free
- Dec 23 | 11:00am-11:30am | Mon | Free
- Dec 27 | 11:00am-11:30am | Fri | Free
- Dec 30 | 11:00am-11:30am | Mon | Free

## **NORTHWEST PARK**

#### FORAGING FANTASTIC, DELICIOUS, DEADLY AND **GLOWING MUSHROOMS**

Aaes 10+ | Northwest Park Nature Center

Using all-original and award-winning photography, The 3 Foragers will take you on a visual journey of some of the mushrooms they have encountered in New England, showing their diversity in forms, shapes, and colors. Following the presentation, take a guided walk to explore some fresh fungi! Sponsored by The Friends of Northwest Park

Oct 26 | 1:00pm-3:00pm | Sat | R: \$12, NR: \$16, Free for FONWP members



**DISCOVERY DAY** All ages | Northwest Park Nature Center

Stop into the Nature Center to chat with one of our Naturalists and explore the various exhibits. Watch a live animal demonstration, or get hands-on with artifacts and activities based on the theme of the day.

Sep 28 | Insect Investigations | 10:00am- 2:00pm | Sat | Free

Oct 12 | Spooky Animals | 10:00am- 2:00pm | Sat | Free Nov 9 | Animal Winter Food Storage | 10:00am- 2:00pm | Sat | Free

## **FULL MOON HIKES**

Ages 12+ | Northwest Park

Come out to the park for a Full Moon Hike guided by staff. Use your senses to explore the park after dark. Grab the family or a few friends and enjoy the beautiful scenery while being active and learning about the seasonal changes happening in nature.

Sep 17 | Harvest Moon | 7:00pm-8:30pm | Tue | R: \$12. NR: \$16

Oct 17 | Hunter Moon | 6:15pm-7:45pm | Thurs | R: \$12, NR: \$16

Nov 15 | Beaver Moon | 4:00pm-5:30pm | Fri | R: \$12. NR: \$16

Dec 15 | Cold Moon | 4:30pm-6:00pm | Sun | R: \$12, NR: \$16

## **SENIOR - DIAL A RIDE**





#### DIAL-A-RIDE SHOPPING SCHEDULE

Enrollment in Dial-A-Ride is needed to participate in the shopping trips listed below. Reservations will be taken on a first come first serve basis. Simply call the reservation line at 860-285-1846 two business days in advance to sign-up.

Monday: In-Town medical appointments (no stores)

Tuesday & Wednesday: Geissler's & Price Chopper (hours are 8:30 AM to 9:30 AM)

Wednesday: Walmart – The driver will bring you to the stores for shopping from 11:00 AM to 1:00 PM. (Bus does not stay at the store)

Thursday: Target or Stop & Shop (hours are 8:30 AM to 10:30 AM) (Bus does not stay at the store)

Friday: Price Rite (hours are 8:30 AM to 9:30 AM)

Tuesdays each month: Enfield Mall (1st Tuesday), Buckland Mall (2nd Tuesday) and West Farms Mall (3rd Tuesday). We will call to confirm the morning of the trip, and will notify you if the trip is canceled.

#### **MEDICAL TRANSPORTATION**

Transportation for out-of-town medical appointments is offered Mon-Fri 9:00 AM to 3:45 PM.

Call by noon four business days or up to one month ahead of your appointment. Call 860-285-1992 between 9:00 AM and 3:00 PM to schedule your ride. Provide doctor's name, phone, address, appointment time, and length. Wheelchair transportation is available.

For complete Dial-A-Ride information, including schedules to grocery stores and other shopping/ errands please visit our website, call 860-285-1992, or come visit us to receive a fully detailed brochure.

## WINDSOR SENIOR CENTER

#### L.P. WILSON COMMUNITY CENTER

599 Matianuck Avenue Windsor. CT 06095 860-285-1992 townofwindsorct.com/senior-services Follow us on Facebook! Windsor Senior Services

#### REGISTRATION

Due to limited space, registration is needed for all senior center programs unless otherwise noted. Please visit townofwindsorct.com/senior to register or call 860-285-1992 for information. Price Key: R = Resident, NR = Nonresident

#### Registration open dates:

September events – Aug 26 October events – Sept 30 November events - Oct 28 December events - Nov 25

## **SOCIALS & CELEBRATIONS**

### **EVENING BINGO PARTIES**

55+ | Windsor Senior Center

Evening Bingo Parties include a raffle, concession stand with hot dogs, sodas and snacks, and pay cash prizes to winners. Our friends from Merciful Homecare will sponsor additional prizes, information and resources in September. Bingo cards are \$1 each. Raffle tickets and concessions are additional.

Sep 18, Oct 16, Nov 20, Dec 18 | 4:00pm-6:00pm | Wed



**EARLY BIRD SUPPERS** 55+ | Windsor Senior Center

Early Bird Suppers are made possible through **AARP DRIVER'S SAFETY** partnerships with our friends from the community. 55+ | Windsor Senior Center Some events have live music and/or raffles, as well as Roads change. Rules change. And so do drivers. Brush other surprises too. Cost varies depending on the menu. up on your skills for behind the wheel with this popular We will celebrate Senior Center Month in September, sponsored by Windsor Federal Bank. In October, we to AARP. will host a Halloween themed supper, sponsored by the Sep 9, Nov 4 | 9:00am-1:00pm | Mon | AARP Members: Windsor Junior Women's Club. We will celebrate an early \$20, Nonmembers: \$25 Thanksgiving at the supper in November, with sponsorship

from the Rotary Club of Windsor & Windsor Locks. Register online, in person, or phone.

#### Sep 24, Oct 29, Nov 12 | 5:00pm-7:00pm | Tue | Varies

#### **RISE N' SHINE BREAKFASTS**

55+ | Windsor Senior Center

Breakfast... Sponsored by Bloomfield Center for Nursing & rehab and Touchpoints of Bloomfield. Sign-ups are limited so watch our senior newsletter for details.

#### Oct 17, Dec 19 | 9:00am-10:00am | Thu | Free

### **SENIOR FALL FESTIVAL**

55+ | Windsor Senior Center

We're serving up a yummy Oktoberfest-themed lunch of sausage, kraut, German pretzels with dipping options, and more. John Baker will be here to musically entertain us during lunch and before Bingo. Register online, in person, or phone.

#### Oct 14 | 11:30am-12:30pm | Mon | \$7



#### **ANNUAL HOLIDAY PARTY**

55+ | Windsor Senior Center

Live music, dancing with friends, delicious food, raffles, and desserts all mixed up with the essence of the holidav season.

Dec 11 | 11:30am-2:00pm | Wed | R: \$10, NR: \$12

## **EDUCATION & INFORMATION**

#### **EXPLORING WITH ELLEN**

55+ | Windsor Senior Center

Retired Biochemist and Associate Professor of Chemistry at the University of Saint Joseph, Ellen Anderson returns the share her wild journeys through nature and science. We'll talk about "Serendipity in Science." a topic sure to intrigue and engage.

Sep 10 | 10:00am-11:00am | Tue | Free

driving course, hosted by AARP. Payable in cash or check

#### SENIOR CENTER | REGISTER ONLINE: TOWNOFWINDSORCT.COM/SENIOR-SERVICES | 31

#### RETURN TO TOP

## WINDSOR SENIOR CENTER

#### STEP SAFELY WITH EASTERSEALS

55+ | Windsor Senior Center

Presented by Lorraine Catuccio Physical Therapist at Easterseals. Topics include; Fall Risks and Facts, Fall Plans and Safety Getting Back Up, and Home Safety Modifications and Strategies.

Sep 4, 11, 18 | 10:30am-11:30am | Wed | Free

#### **CT MONEY SCHOOL**

55+ | Windsor Senior Center

Sign up for one or all of the financial information presentations. Lunch is included thanks to the American Rescue Plan Act. Topics include; Saving, Financial Resiliency, Managing Your Credit, Protecting Yourself, Investing in Yourself, Income Taxes, & VITA. Lunch is served at noon.

Sep 4, 18; Oct 2, 16; Nov 6, 20 | 12:30pm-2:00pm |Wed|Free

#### **CELEBRATING JOY, HAPPINESS, AND HUMOR** WITH DR. STEVE SOBEL

55+ | Windsor Senior Center

Dr. Steve Sobel, motivational speaker, educator, and humorist will join us for a wonderfully engaging and memorable presentation that will leave you inspired and feeling great about handling life's challenges and stresses. Steve is also the author of the best seller of The Good Times Handbook – Your Guide to Positive Living and Exciting Life and appears regularly on television and radio. Courtesy of the American Rescue Plan Act.

#### Sep 27 | 10:00am-11:15am | Fri | Free

#### ASK A REALTOR

55+ | Windsor Senior Center During Coffee Connection, Realtor Nikki Kozak will be discussing aging in place, tips for decluttering and downsizing and answering questions you may have, such as "What's my next step?" Other experts from the Assisted Living industry will join the conversation

and baked goods will be provided. Sep 13 | 10:00am-11:00am | Fri | Free

#### FRAUD PREVENTION WITH AMERICAN EAGLE FINANCIAL CREDIT UNION

55+ | Windsor Senior Center

Jessica Mason Rioux of AEFCU will be discussing different types of financial exploitation and fraud that specifically targets seniors. We will highlight some of the more popular scams, and talk about ways to prevent becoming a victim.

Sep 20 | 10:00am-11:00am | Fri | Free

#### PRE-PLANNING WITH CARMON FUNERAL HOME 55+ | Windsor Senior Center

Our friends from Carmon Funeral Home will be here during Coffee Connection to chat with patrons about preplanning. Your surviving family members will have less to worry about in the event of your death, and you'll feel good knowing that these arrangements have been taken care of.

Sep 12 | 10:00am-11:00am | Thu | Free Oct 9 | 12:30pm-1:30pm | Wed | Free

#### **SENIOR HEALTH & WELLNESS FAIR**

55+ | Windsor Senior Center

Windsor residents will have the opportunity for a variety of health-related screenings and tests and persons 18 and older may also receive their annual flu shot - both the standard and high-dose flu vaccine will be available. Please bring all of your insurance cards with you which may include a Medicare Advantage, Medicare and/or Private Insurance Card. The cost without insurance will be \$30 for a standard dose flu shot and \$45 for a high dose flu shot. Approximately 30 vendors will be available to share information, and refreshments will be available for purchase. You do not need to arrive early as shots and tests will be available throughout the event.

Oct 10 | 8:30am-noon | Thu | Free

#### LIVE WELL: LIVING WITH CHRONIC CONDITIONS 55+ | Windsor Senior Center

Learn how to better manage your ongoing health condition. For people with chronic conditions such as diabetes, high blood pressure, heart disease, arthritis, depression, pain and anxiety or those caring for someone with a chronic condition. Sponsored by the Department of Rehabilitation Services - State Unit on Aging, CT. Dept. of Public Health, and North Central Area Agency on Aging. Lunch will be served, thanks to the American Rescue Plan Act. Register online, in person, or phone.

Oct 11, 18, 25; Nov 1, 8, 15 | 10:00am-12:30pm | Fri | Free

#### MIND OVER MATTER: HEALTHY BOWELS, HEALTHY BLADDER FOR WOMEN 55+ | Windsor Senior Center

This workshop consists of three 2-hour sessions that meet every other week. It provides information and group activities along with simple exercises and dietary changes to practice at home. In this workshop, women will learn information about bladder and bowel control; at-home techniques and exercise to help prevent symptoms; and tools to help you set goals and mark progress. Lunch will be served, courtesy of the American Rescue Plan Act. Register online, in person, or phone.

Nov 18; Dec 2, 16 | 10:00am-12:30pm | Mon | Free

#### FALL PREVENTION, FIRE SAFETY, AND EMERGENCY PREPAREDNESS

55+ | Windsor Senior Center In partnership with the Windsor Fire Department,

Fire Marshal Lauri Volkert will present topics and tips pertaining to safety in the upcoming colder months.

Nov 22 | 10:00am-11:00am | Fri | Free

#### **PARKINSON'S SUPPORT** 55+ | Windsor Senior Center

Learn more about Parkinson's disease (PD) and connect with people who have PD and their Care Partners. Receive practical information and education on living with Parkinson's disease. Participants receive the support of others who truly understand. Facilitated in partnership with Trinity Health of New England and the American Parkinson's Disease Association.

Sep 18, Oct 16, Nov 20, Dec 18 | 10:30am-11:30am | Wed | Free

### **CRAFTS & CREATIVITY**



#### **COLOR CREATIONS - A TIE DYE WORKSHOP** 55+ | Windsor Senior Center

Artist Antoinette Cullen will return to the Senior Center to host a fun tie dye workshop. Stimulate both sides of the brain while embracing an ancient art form, and walk away with your own wearable masterpiece! This program is courtesy of the American Rescue Plan Act.

Sep 11 | 1:00pm-2:30pm | Wed | Free

#### **RED SOX VS. YANKEES: THE GREATEST RIVALRY IN** SPORTS HISTORY

55+ | Windsor Senior Center

This presentation is hosted by award-winning sportswriter, baseball beat writer, and both Ultimate Yankees Time Machine Book and Ultimate Red Sox Time Machine Book author, Marty Gitlin. Marty will talk about the biggest moments of the rivalry from the last century and beyond, as well as trivia questions for attendees to ponder.

Oct 4 | 10:00am-11:00am | Fri | Free

## **AROUND THE WORLD WITH** THE SENIOR CENTER

Dust off the passport and get ready to travel. The Windsor Senior Center is pleased to present our menu of excursions for the balance of the year (and beyond). We hope you can join us for one or all! Complete details are available in the Senior Center or by calling 860-285-1992.

## **BY PLANE**

In partnership with Collette Travel

#### SPAIN'S CLASSICS

Highlights: Madrid, The Prado Museum, Toledo, Cordoba, La Mezquita, Seville, Choice on Tour: Walking Tour of Santa Cruz Quarter or Boat Ride on the Guadalquivir River, Flamenco Show, Granada, The Alhambra, Valencia, Paella Experience, Barcelona, La Sagrada Familia. Visit gateway. gocollette.com/link/1206730 for full details and itinerary.

Nov 1-12, 2024 | Single: \$5,129 pp, Double: \$4,329 pp, **Triple:** \$4,279 pp

#### **GREECE ISLAND HOPPER**

Highlights: Athens, Taverna Dinner Show, Acropolis, The Parthenon, Mykonos Old Town, Santorini Island, Oia Village, Ancient Akrotiri, Wine Tasting. Visit gateway. gocollette.com/link/1206727 for full details and itinerary.

Apr 24-May 4, 2025 | Single: \$6,529 pp, Double: \$5,229 pp, **Triple:** \$5,179 pp

#### ALASKA

Highlights: Fairbanks, Sternwheeler Discovery, Music of Denali Dinner Theater, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage. Visit gateway.gocollette.com/link/1238803 for full details and itinerary. All Rates are per person and are subject to change, based on air inclusive package from BDL.

Aug 13-24, 2025 | Inside Double: \$6,499 pp, Inside Single: \$9,299 pp, Ocean-View Double: \$7,099 pp, Ocean-View Single: \$10,299 pp, Veranda Double: \$7,999 pp, Veranda **Single:** \$11,799 pp

## BY MOTOR COACH

In partnership with Friendship Tours

#### **COVERED BRIDGES TOUR**

55+ | Inn at East Hill Farm

Enjoy a luncheon at the Inn at East Hill Farm, a working farm and inn in the shadow of Mount Monadnock in Troy, NH. Covered bridges (or "Kissing Bridges") are practically a trademark of New England life so grab your camera and explore several of these NE landmarks.

Oct 1 | 8:30am-6:30pm | Tue | R: \$140, NR: \$145

## WINDSOR SENIOR CENTER

## BY SENIOR TRANSPORTATION BUS

This sampling is a combination of fun day trips, and grant funded "Evening and Weekend" trips. A full listing of each month's trips may be found in the Windsor Senior Monthly Newsletter. An updated NCAAA Form 5 is a requirement for most evening and weekend trips.

#### LYMAN ORCHARD MUSIC FESTIVAL

55+ | Lyman Orchard

Enjoy this free day trip event featuring live music from Connecticut's best local musicians. Craft beer at the beer garden, food trucks & more will also be available for purchase! Bring a camp chair, and some sunscreen and enjoy the day.

Sep 7 | 11:00am-6:00pm | Sat | \$2 donation

#### DAY DREAMIN' AT THE LONG WHARF 55+ | New Haven Long Wharf

Spend your Saturday in a beach chair on the Long Wharf in New Haven. Eat your way through diverse food truck menus, feel the sea breeze on your skin, enjoy live music in the sunshine. It will be a day to just kick back and relax. Sep 21 | 10:00am-4:00pm | Sat | \$2 donation

#### **BETHLEHEM FLEA MARKET AND** NICK'S COUNTRY KITCHEN

55+ | Bethlehem Flea Market & Nick's Country Kitchen

Sort through vintage, antique, and unique finds at the Bethlehem Flea Market. After you've discovered, admired, and shopped, we will head to Nick's Country Kitchen for lunch.

Oct 12 | 9:00am-3:00pm | Sat | \$2 donation

#### **ATKIN'S FARMS COUNTRY STORE**

55+ | Atkin's Farms Country Store, Amherst MA

Atkins Farms Country Market is a locally owned and operated business in Amherst MA. With a delicious bakery, floral department, candy shop, and gift store, you can satisfy your sweet tooth with cider donuts and apple pies, homemade candies and fresh jams. Purchase from the cheese shop or open-air floral department. Visit atkinsfarms.com to learn more.

Oct 20 | 9:00am-3:00pm | Sun | \$2 donation



## SENIOR FITNESS CENTER

Your journey to wellness begins at the Windsor Senior Center!

Taking the first, or even 100th step of a wellness journey isn't always easy, but at the Windsor Senior Center, we have your back! Find the support and motivation from friends, instructors, and staff at the Windsor Senior Center to reach your personal goals.

Try signing up for our 55+ Fitness Center (open 7 days per week with longer hours), and enjoy a wide variety offerings. You may register for the below classes online. Pay for a 10-class drop-in card for each class, or sign up for a monthly session and pay per class. Your first class is always free! Price per offering may be found in our monthly newsletter or on the town website.

The Windsor Senior Center is proud to partner with providers to offer the following wellness benefits to gualified participants: Renew Active, Silver Sneakers, Prime, Silver & Fit, and Active & Fit.

#### SILVERSNEAKERS CLASSIC. (FKA CHAIR AEROBICS WITH DEE):

Build confidence and endurance while safely seated in this class. Do not have to have SilverSneakers Benefit to attend.

#### **DAILY PICKLEBALL:**

Enjoy friendly competition on the court while working up a sweat playing this wildly popular sport.

#### **HAPPY HIKERS CLUB:**

Runs April –November. Group meets weekly to hike trails in CT and in MA.

#### LINE DANCING WITH CONNIE:

Have fun while learning choreographed dance with others seniors. No partner needed.

#### SILVERSNEAKERS BOOM MUSCLE, (FKA SHAPE UP & WORKOUT WITH DEE):

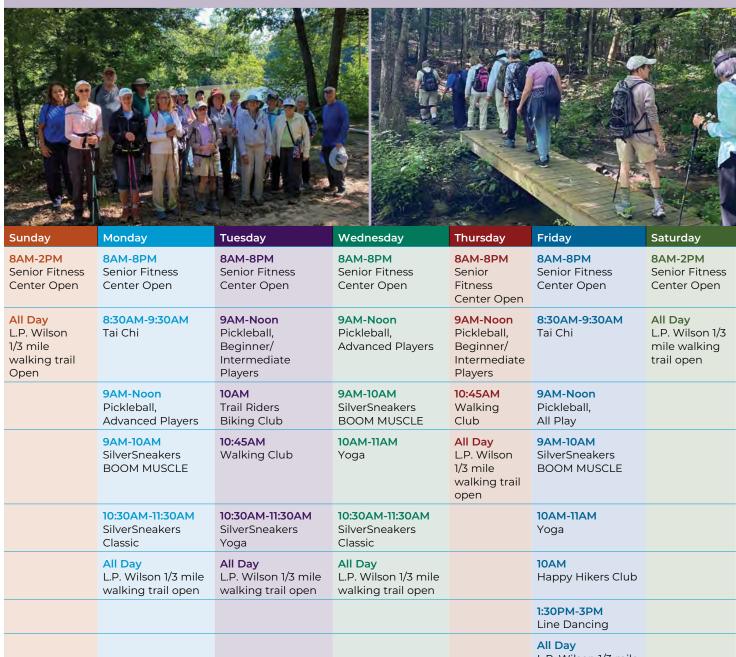
An aerobic workout to enhance your strength and endurance. Do not have to have SilverSneakers Benefit to attend.

#### SILVERSNEAKERS CHAIR YOGA:

Strengthen your core and increase your flexibility while safely seated in class. Do not have to have SilverSneakers Benefit to attend.

#### **TAI CHI WITH GINGER:**

Flow into your day with gentle physical exercise and stretching.



#### **TRAIL RIDERS CLUB:**

Runs April – November. Ride locally on paved trails to enjoy exercise and beautiful scenery.

#### WALKING CLUB:

Get your steps in with other seniors either on the walking path at the L.P. Wilson Center or indoors on inclement days.

#### **YOGA WITH MARINA:**

60+ minutes in this session will help strengthen your core and enhance flexibility.

Thursday	Friday	Saturday
<b>8AM-8PM</b> Senior Fitness Center Open	<b>8AM-8PM</b> Senior Fitness Center Open	8AM-2PM Senior Fitness Center Open
9AM-Noon Pickleball, Beginner/ Intermediate Players	<b>8:30AM-9:30AM</b> Tai Chi	All Day L.P. Wilson 1/3 mile walking trail open
<b>10:45AM</b> Walking Club	<b>9AM-Noon</b> Pickleball, All Play	
All Day L.P. Wilson 1/3 mile walking trail open	<b>9AM-10AM</b> SilverSneakers BOOM MUSCLE	
	<b>10AM-11AM</b> Yoga	
	<b>10AM</b> Happy Hikers Club	
	<b>1:30PM-3PM</b> Line Dancing	
	<b>All Day</b> L.P. Wilson 1/3 mile walking trail open	
	8AM-8PM Senior Fitness Center Open 9AM-Noon Pickleball, Beginner/ Intermediate Players 10:45AM Walking Club All Day L.P. Wilson 1/3 mile walking trail	8AM-8PM Senior Fitness Center Open8AM-8PM Senior Fitness Center Open9AM-Noon Pickleball, Beginner/ Intermediate Players8:30AM-9:30AM Tai Chi10:45AM Walking Club9AM-Noon Pickleball, All Play10:45AM Walking Club9AM-Noon Pickleball, All PlayAll Day L.P. Wilson 1/3 mile walking trail open9AM-10AM SilverSneakers BOOM MUSCLE10:45AM Walking trail open10AM-11AM Yoga10:45AM Line Dancing1:30PM-3PM Line Dancing10:45AM Muscle1:30PM-3PM Line Dancing

SENIOR CENTER | REGISTER ONLINE: TOWNOFWINDSORCT.COM/SENIOR-SERVICES | 35 **RETURN TO TOP** 

## SENIOR RECURRING PROGRAMS

### **IT'S SO GOOD, IT HAPPENS OFTEN!**

Fitness isn't just physical. Achieve overall fitness and wellness with regularly scheduled programs that enhance your sense of creativity, inspire your imagination, encourage friendships, and celebrate your individuality.

The Windsor Senior Center hosts an array of recurring programs that are always accepting new participants, and many of them are free. Come pick up a new hobby, rejoice in new friendships, and simply have fun.

Call the Senior Center at 860-285-1992 with questions on any of these activities. If you are interested in forming a club or group for residents age 55 or over, please contact us. We're happy to accommodate new clubs and ideas.

#### **ADULT COLORING GROUP:**

Reduce stress while embracing vour creativity. Every Thursday, 9:30 AM to noon, Senior Center Café. Free.

#### **BINGO (DAYTIME):**

Every Monday and Friday, 12:45 PM to 2:45 PM. Senior Center Café. \$1.00/card.

#### **BINGO (EVENING)**:

Raffles and concessions accompany this evening offering. Third Wednesday of Every month, 4:30 PM to 6:15 PM, Senior Center Café. \$1.00/card.

#### **BOWLING WITH THE** WINDSOR SPORTSTERS':

Non-competitive, co-ed league which you can join anytime. Every Monday, 10:00 AM to noon, Spare Time, 129 Ella Grasso Turnpike, East Windsor.

#### THE "CAPTIVATING CANVAS" **PAINT CLASS:**

Enhance your creativity, release stress, and go home with a one-of-a-kind art piece. Third Thursday of every month, 10:00 AM to noon, Senior Center Room AP1, Resident: \$16.00 Non-resident: \$18.00.

#### **COFFEE CONNECTION:**

Connect with other seniors over a hot cup of coffee or tea. Every Monday, Tuesday, Thursday and Friday, 9:00 AM to 11:00 AM, Senior Center Café. Free.

#### **CORNHOLE LEAGUE:**

Toss the bags around with friends, both old and new. Every Tuesday and Thursday, 1:00 PM to 2:00 PM, Gymnasium, Free.

#### **CRIBBAGE:**

Easy to learn and fun to play centuries-old card game. Every Wednesday, 9:00 AM to 10:00 AM, Senior Center Café, Free.

#### **CHESS CLUB:**

Drop-in to enjoy a game with friends First and third Thursday at 10:00 AM to 11:30 AM, Senior Lounge, Free.

#### **EARLY BIRD SUPPER:**

A popular monthly offering, usually on the last Tuesday. Menu, price, and activities vary per month. Details may be found in our monthly newsletter.

#### FOOT CLINIC WITH **"DANCING FEET":**

Third and fourth Thursday of every month. 8:30 AM to 2:00 PM. Ballet Room. \$40.00 for basic services.

#### MAHJONGG:

Every Monday, 1:00 PM to 3:30 PM, Senior Center Lounge, Free.

#### **MONTHLY BIRTHDAYS:**

Cake donated by Geissler's and birthday surprises provided by different sponsors each month. Call 860-285-1992 during the month of your birthday to register. Last Wednesday of every month, Senior Center Café, 11:45 AM to 12:30 PM, Free.

#### **MOVIE OF THE MONTH:**

Third Thursday of every month, 1:00 PM to 3:00 PM, Senior Center Lounge, Free.

#### SCRIBE WRITERS WORKSHOP:

Fun and sometimes challenaina creative-writing workshop. Second and fourth Monday of every month. 10:00 AM to 11:00 AM. Senior Center, Free.

#### SCRAPBOOKING AND OPEN **ARTS & CRAFTS FOR SENIORS:**

Pick up or continue a crafty project with other seniors. Every Friday, 10:00 AM to noon, Senior Center Cafe, Free.

#### **SETBACK CARD GAME:**

Every Tuesday and Thursday, 1:00 PM to 2:45 PM, Senior Center Café, Free.

#### WII BOWLING:

Bowl using the Nintendo® Wii™. Every Tuesday of the month, 1:00 PM to 2:00 PM, Senior Center Lounge, Free.

#### **VETERAN'S COFFEE**

Led by the Greater Windsor Veteran's Council, this coffee hour is held the last Thursday of every month from 8:30 AM to 10:00 AM. Enjoy coffee with other area veterans and share, as well as learn information about veterans programs and benefits. Free.

#### **VETERAN'S OUTREACH**

Led by the Greater Windsor Veteran's Council, this organized group is always looking for new members. Held every second Wednesday at the VFW in Windsor from 6:30 PM to 7:00 PM. Free.

#### 36 | SENIOR CENTER | REGISTER ONLINE: TOWNOFWINDSORCT.COM/SENIOR-SERVICES

# DEDICATED TO HELPING OTHERS

WINDSOR SOCIAL SERVICES

**RETURN TO TOP** 

